

# Semowah Cha AB

COPPER KNOB  
BYEFOOTETS

拍數: 32      牆數: 2      級數: Absolute Beginner  
編舞者: Winnie Yu (CAN) - September 2024  
音樂: Shen Me Hua (Semowah)- Gean Lim 什麼話-林必嬭



Beginner Level Line dance / 4 wall / 32 count – Please see \*NOTE @ bottom

Intro:32 count

\*This dance is dedicated to Ontario Health Region (Toronto & Central)  
~65+ Beginner Line Dance classes.

## Section 1: R Chasse, Back, Recover, L Chasse, Back, Recover

1&2-3-4      Step R to R side, Step L next to R, Step R to R Side, Rock back on I, recover weight onto R  
5&6- 7-8      Step L to L side, Step R next to L, Step L to L Side, Rock back on R, recover weight onto L

## Section 2: Vine R, Touch, Vine L, Touch

1 – 4      Step R to R side, Cross L behind R, Step R to R side, Touch L beside R  
7 – 8      Step L to L Side, Cross R behind L, Step L to L side, Touch R beside L

## Section 3: Fwd R, L, ¼ R – R Fwd shuffle, Fwd L, R, ¼ R – L Fwd Shuffle (Walk Around ½ R)

1-2-3&4      Walk forward R, L, Make a ¼ turn R & stepping R forward, Step L next to R, Step forward on R (3:00)  
5-6-7&8      Walk forward L, R, Make a ¼ turn R & stepping L forward, Step R next to L, Step forward on L (6:00)

## Section 4: Rocking Chair X 2

1-2-3-4      Rock forward on right, recover onto left, Rock back on right, recover onto left  
5-6-7-8      Rock forward on right, recover onto left, Rock back on right, recover onto left

Option:- Count 5 – 8 [Fwd R, Pivot ½ L] x 2

\*\*Note: Modify the dance to 4 wall (Beginner Level)

Change Section 3 to ¼ R and ½ turn R (Make a ¾ Arc turn R)

Enjoy with Smiles