

Sarinem

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Herman Baso (INA) - September 2024
音樂: Mandi Nishtulla ft. Best Kallaku - Sarile (Cover nga Melodi Zemre)



Note:

- Intro (16C)
- No Tag No Restart

S1# FWD WALK - FWD MAMBO - BACK ROCK - 1/4 R SIDE CHASSE

- 1, 2 step RF fwd, step LF fwd
- 3&4 step RF fwd, recover on LF, step RF back
- 5, 6 step LF back, recover on RF
- 7&8 1/4 to R step LF to side, close RF next to LF, step LF to side

S2# (CROSS BEHIND - RECOVER - SIDE) RL - CROSS SHUFFLE - 1/2 L CROSS SHUFFLE

- 1&2 cross RF behind LF, recover on LF, step RF to side
- 3&4 cross LF behind RF, recover on RF, step LF to side
- 5&6 cross RF over LF, step LF to side, cross RF over LF
- 7&8 1/2 to L cross LF over RF, step RF to side, cross LF over RF

S3# STATIONARY SAMBA (R - L) - BIG STEP FWD - HITCH - BIG STEP BACK - CLOSE TOUCH

- 1&2 close RF next to LF, step LF back, recover on the RF
- 3&4 close LF next to RF, step RF back, recover on LF
- 5, 6 big step RF fwd, Hitch LF
- 7, 8 big step LF back, close touch RF next to LF

S4# SAMBA WHISK (R - L) - 2 X 1/2 L PIVOT

- 1a2 step RF to side, cross LF slightly behind RF, recover on RF
- 3a4 step LF to side, cross RF slightly behind LF, recover on LF
- 5, 6 step RF fwd, 1/2 L weight on the LF
- 7, 8 step RF fwd, 1/2 weight on the LF

Repeat

For further information please contact :
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