

Leaving

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Gerry Bekkers (NL) - September 2024
音樂: Leavin' - Danny Vera



Dance sequence: 3X 32 COUNTS, 12 COUNTS AND RESTART, 3X 32 COUNTS, 12 COUNTS AND RESTART, 1X 32 COUNTS, 14 COUNTS AND FINISH.

Start dance after 8 count intro. on the word "WHEN"

[1 - 8] FWD ½ TURN LEFT, SHUFFLE BACK, STEP TOGETHER, WALK BACK L-R, COASTER STEP (6:00)

1 - 2 LF step ¼ L-turn forward, RF step ¼ L-turn back
(Count 1-2: ½ Turn Left forward, towards 12 O'CLOCK, facing 6 O'CLOCK at the end of the turn)
3 & 4 LF step back, RF step next to LF, LF step back
& RF step next to LF
5 - 6 Walk slightly back with LF, RF
7 & 8 LF step back, RF step next to LF, LF step forward (6:00)

[9 - 16] FWD ½ TURN RIGHT, SHUFFLE BACK, STEP TOGETHER, WALK BACK R-L, COASTER STEP (12:00)

1 - 2 RF step ¼ R-turn forward, LF step ¼ R-turn back
(Count 9-10: ½ Turn Right forward, towards 6 O'CLOCK, facing 12 O'CLOCK at the end of the turn)
3 & 4 RF step back, LF step next to RF, RF step back

RESTART – ONLY HERE DURING THE 4TH WALL (9 O'CLOCK) AND 8TH WALL (6 O'CLOCK) NOW START THE DANCE AGAIN HERE AFTER THE SHUFFLE!

& LF step next to RF
5 – 6 Walk slightly back with RF, LF

FINISH – AT THE 10TH WALL NOW REPLACE COUNTS 7&8 HERE WITH:

7 Cross RF over LF, 8 Unwind slowly ¾ turn L towards 12 O'CLOCK...END OF MUSIC!!!
7 & 8 RF step back, LF step next to RF, RF step forward (12 O'CLOCK)

[17 - 24] SYNCOPATED SIDE ROCKS, ¼ TURN LEFT, STEP FWD, MAMBO FWD WITH ½ TURN LEFT (3:00)

1 - 2 LF rock to Left side, RF recover weight on RF
& LF step next to RF
3 - 4 RF rock to right side, LF recover weight on LF
& RF step next to LF
5 - 6 LF step ¼ Li-om (9 O'CLOCK), RF step forward
7 & 8 LF rock forward, RF recover weight on RF, LF step ½ Li-om (3 O'CLOCK)

[25 - 32] SYNCOPATED SIDE ROCKS, HEEL AND TOE SWITCHES (3:00)

1 - 2 RF rock to right side, LF recover weight on LF
& RF step next to LF
3 - 4 LF rock to left side, RF recover weight on RF
& LF step next to RF
5 & 6 RF touch heel forward, RF step next to LF, LF touch toe behind RF
& 7 LF step next to RF, RF touch heel forward
& 8 RF step next to LF, LF touch toe next to RF

START AGAIN...