

Troll Boogie

拍數: 64 牆數: 2 級數: High Improver
編舞者: Tina Argyle (UK) & Jo Kinser (UK) - September 2024
音樂: It Takes Two - Camila Cabello, Anna Kendrick, Justin Timberlake, Eric Andre,
Daveed Diggs & Kid Cudi : (Album: Trolls Band Together - Amazon, iTunes etc)



Count In : 16 counts from start of track approx 8 seconds in
Tag at the end of Walls 2 & 5

Cross, Back & L Fwd. Rock Recover. Walk Back x2, Coaster Step

1,2 Cross R over L, step back L
&3 Step R to right side, Rock fwd. L
4 Recover weight onto R
5,6 Step back L, step back R
7&8 Step back L, close R at side of L, step fwd. L

Kick & Point L, Kick & Point R. Paddle 1/8th Turn L. Reverse Paddle 1/2 Turn R, Stomp Down

1&2 Kick R fwd. Step R in place, point L toe to left side
3&4 Kick L fwd. Step L in place, point R toe to right side
5,6 Make 1/8th turn left in total facing left diagonal, tapping or stomping R foot twice
7,8 Make 1/4 reverse turn R, touching R toe to side, make 1/4 reverse turn right stomping R fwd in place to opposite diagonal

Walk Fwd. x2. Step 1/2 Pivot Step. Walk Fwd. x2 Side Mambo 1/8th Turn. Cross

1,2 Step fwd. L then R
3&4 Step fwd. L, make 1/2 pivot turn right, step fwd. L keeping on the diagonal
5,6 Step fwd. R then L
7&8 Make 1/8th turn left rocking R to right side, recover onto L, cross R over L (9 o'clock)

Side, Cross, Ball Cross, Side. Sailor 1/4 Turn, Kick Ball Touch

1,2 Step L to left side, cross R over L
&3 Step L to left side, cross R over L
4 Step L to left side
5&6 Make 1/4 turn right crossing R behind L, step L in place, step Fwd. R (12 o'clock)
7&8 Kick L forward, step down L, touch R at side of L

Sway, Sway, R Slide, Touch. Sway, Sway, L Slide, Touch.

1,2 Rock R to right side swaying hips R, Transfer weight onto L, swaying hips L
3,4 Take big step R to right side dragging L towards R, Touch L at side of R
5,6 Rock L to left side swaying hips L, Transfer weight onto R, swaying hips R
7,8 Take big step L to left side dragging R towards L, Touch R at side of L

V Step. Jazz Jump Fwd & Back. Step 1/4 Turn.

1,4 Step Fwd and slightly out R, Step Fwd and slightly out L, Step back to centre R, step L next to R
&5 Step Fwd. R then L taking weight on left
&6 Step back R then L taking weight on left
7,8 Step Fwd. R. Make 1/4 turn left onto L (9 o'clock)

Repeat - V Step. Jazz Jump Fwd & Back. Step 1/4 Turn.

1,4 Step Fwd and slightly out R, Step Fwd and slightly out L, Step back to centre R, step L next to R
&5 Step Fwd. R then L taking weight on left

&6 Step back R then L taking weight on left
7,8 Step Fwd. R. Make ¼ turn left onto L (6 o'clock)

R Cross Rock, Recover, Step Side. L Cross Rock, Recover, Step Side. Sway, Sway

1,2,3 Cross rock R over L, recover weight onto L, step R to right side
4,5,6 Cross rock L over R, recover weight onto R, step L to left side
7,8 Step R to right side Bumping hips R then L, finishing with weight on L

(Count 7 swing both arms across the body to the right, Count 8 swing both arms across the body to the left)

TAG – END of Walls 2 & 5

R Heel Tap x4 with Arm Movement, L Heel Tap x4 with Arm Movement

1,4 Tap R heel in place 4 times with R hand palm face upwards across the body move arm from left side to right over the 4 counts

5,8 Tap L heel in place 4 times with L hand palm face upwards across the body move arm from right side to left over the 4 counts, transfer weight over onto L to re start the dance.

ENDING

On final wall facing 12 o'clock dance Section 1 then step forward R pointing R index finger fwd. on the word YOU!
