

I'm Calm

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jo Price (NZ) - July 2023
音樂: Calm Down - Rema



Intro: 16 counts - Start point: feet together weight on right foot

(1 – 8) Right point together, left point together, right shuffle, left shuffle

1, 2 Point R to right, close
3, 4 Point L to left, close
5&6 Step R fwd, Step L by R, Step R fwd.
7&8 Step L fwd, Step R by L, Step L fwd.

(9 – 16) Jazz Box Quarter turn right 2x Kick ball change

1, 2,3,4 Cross right over left, step left back right forward, turn ¼ right and step left together
5&6 Kick R forward, Step R next to L, Step L next to R
7&8 Kick R forward, Step R next to L, Step L next to R

(17 – 24) Right hip bumps left hip bumps, V step touch

1&2 Bump hips to right, left, right
3&4 Bump hips to left, right, left
5,6,7,8 Step R FWD out to R, Step L FWD out to L, Step R back in, Touch L beside R

(25 – 32) Left grape vine, right grape vine.

1 – 4 Step L to L, Step R behind L, Step L to L, Touch R beside L
5 – 8 Step R to R, Step L behind R, Step R to R, Close L beside R

Smile and start the dance again!

No tags, no restarts

Submitted by: Phoenix Adamson - Email: phoenix_adamson09@hotmail.com