

A Little Country and Rock n' Roll

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sue Korek (USA) - 16 September 2024
音樂: Dance With Me - Niko Moon
或: Bye Bye Love - The Cars



Alternate Music: Bye Bye Love (The Cars—1978) - Intro: 32 counts

No tags or restarts

Introduction: 16 counts

Begin with weight on left (L) foot

This dance is a mix of Beginner steps with a bit of country music and rock n' roll music.

SECTION 1 (LINDY RIGHT, LINDY LEFT)

1&2 Step R right side, shuffle L beside R, step R to right side
3-4 Rock L behind R, recover R forward
5&6 Step L left side, shuffle R beside L, step L to left side
7-8 Rock R behind L, recover L forward

SECTION 2 (TWICE: POINT, TOUCH, STEP, TOUCH)

1-2 Point R right side, touch R beside L
3-4 Step R right side, touch L beside R
5-6 Point L left side, touch L beside R
7-8 Step L left side, touch (consider a brush) R

SECTION 3 (ROCK STEP, SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT)

1-2 Rock R across L, recover L
3&4 Step R right side, shuffle L beside R, step R right side
5-6 Rock L across R, recover R
7&8 Step L left side, shuffle R beside L, step L left side

SECTION 4 (JAZZ BOX 1/4 TURN RIGHT, RIGHT MAMBO, LEFT MAMBO)

1-2 Step R across L, step L back
3-4 Make ¼ turn step R, step L beside R
5&6 Rock R to right, recover on L, step R beside L
7&8 Rock L to left, recover on R, step L beside R

Please consider creating a Teach or Demo video.

Contact: suekorek@gmail.com

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