

Nicotine Patch

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Fred Whitehouse (IRE) - September 2024
音樂: Nicotine Patch - Tim Gallagher



Intro: 36 Counts, Start at approx 19 secs

SEC 1 Step, Kick, Hitch, Cross, Back, Side, Cross, Back, Side, Cross, $\frac{3}{4}$ Turn

1-2-3 Step right forward, kick left forward, hitch left knee over right
4-5-6 Cross left over right, step right back, step left to left
1-2-3 Cross right over left, step left back, step right to right
4-5-6 Cross left over right, turn $\frac{1}{4}$ left step right back, turn $\frac{1}{2}$ left step left forward (3:00)

Restart Here on Walls 2 and 5

SEC 2 Step, $\frac{1}{4}$ Touch, Hold, Step, $\frac{1}{4}$ Hitch, Hold, Weave, $\frac{1}{4}$ Step, Step, $\frac{1}{2}$ Pivot

1-2-3 Step right forward, turn $\frac{1}{4}$ right touch left beside right, hold
4-5-6 Step left forward, turn $\frac{1}{4}$ left hitching right knee, hold (3:00)
1-2-3 Cross right over left, step left to left, step right behind left
4-5-6 Turn $\frac{1}{4}$ left step left forward, step right forward, pivot $\frac{1}{2}$ left transferring weight on to left (6:00)

SEC 3 Step, Point, Touch, Step, Point, Touch, $\frac{1}{2}$ Basic, Coaster Step

1-2-3 Step right forward, point left to left, touch left beside right
4-5-6 Step left forward, point right to right, touch right beside left
1-2-3 Step right forward, turn $\frac{1}{2}$ right step left back, step right back (12:00)
4-5-6 Step left back, step right beside left, step left forward

SEC 4 $\frac{1}{8}$ Side, Back Rock, $\frac{1}{4}$ Side, Back Rock, $\frac{5}{8}$ Curving Feather, Rock, Together

1-2-3 Turn $\frac{1}{8}$ left step right to right, rock left back, recover weight onto right (10:30)
4-5-6 Turn $\frac{1}{4}$ right step left to left, rock right back, recover weight onto left (1:30)
1-2-3 Turn $\frac{1}{4}$ right step right forward, turn $\frac{1}{8}$ right step left forward, turn $\frac{1}{4}$ right step right forward (9:00)
4-5-6 Rock left forward, recover weight onto right, step left beside right

Tag At the end of Wall 3

Step, Kick, Hook, Step, Kick, Hook

1-2-3 Step right forward, kick left forward, hook left over right
4-5-6 Step left forward, kick right forward, hook right over left