

Nicotine Patch

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Fred Whitehouse (IRE) - September 2024
音樂: Nicotine Patch - Tim Gallagher



Intro: 36 Counts, Start at approx 19 secs

SEC 1 Step, Kick, Hitch, Cross, Back, Side, Cross, Back, Side, Cross, ¾ Turn

1-2-3 Step right forward, kick left forward, hitch left knee over right
4-5-6 Cross left over right, step right back, step left to left
1-2-3 Cross right over left, step left back, step right to right
4-5-6 Cross left over right, turn ¼ left step right back, turn ½ left step left forward (3:00)

Restart Here on Walls 2 and 5

SEC 2 Step, ¼ Touch, Hold, Step, ¼ Hitch, Hold, Weave, ¼ Step, Step, ½ Pivot

1-2-3 Step right forward, turn ¼ right touch left beside right, hold
4-5-6 Step left forward, turn ¼ left hitching right knee, hold (3:00)
1-2-3 Cross right over left, step left to left, step right behind left
4-5-6 Turn ¼ left step left forward, step right forward, pivot ½ left transferring weight on to left (6:00)

SEC 3 Step, Point, Touch, Step, Point, Touch, ½ Basic, Coaster Step

1-2-3 Step right forward, point left to left, touch left beside right
4-5-6 Step left forward, point right to right, touch right beside left
1-2-3 Step right forward, turn ½ right step left back, step right back (12:00)
4-5-6 Step left back, step right beside left, step left forward

SEC 4 ⅛ Side, Back Rock, ¼ Side, Back Rock, ⅝ Curving Feather, Rock, Together

1-2-3 Turn ⅛ left step right to right, rock left back, recover weight onto right (10:30)
4-5-6 Turn ¼ right step left to left, rock right back, recover weight onto left (1:30)
1-2-3 Turn ¼ right step right forward, turn ⅛ right step left forward, turn ¼ right step right forward (9:00)
4-5-6 Rock left forward, recover weight onto right, step left beside right

Tag At the end of Wall 3

Step, Kick, Hook, Step, Kick, Hook

1-2-3 Step right forward, kick left forward, hook left over right
4-5-6 Step left forward, kick right forward, hook right over left