

Thick and Thin

拍數: 32 牆數: 4 級數: Improver
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音樂: Thick and Thin - Faouzia



Intro 8 count

Tag 4 C after Wall 3

SEC 1 BASIC NC - SLIDE DRAG - CROSS BEHIND - FORWARD SWEEP - 1/4 TURN RIGHT - SWEEP BACK

1 2& Step R to side, L slightly behind R, R cross over L
3 4& Step L slide drag to side, R cross behind L, L to side
5 6& Step R forward L Sweep from back to front, cross L over R, R to side
7 8& Step L back 1/4 turn to Right R sweep from front to back (3:00), R cross behind L, L to side

SEC 2 CROSS ROCK - RECOVER R L - FORWARD - CHASE TURN RIGHT - FULL TURN LEFT

1 2& Step rock R over L, recover on L, R to side
3 4& Step rock L over R, recover on R, L to side
5 6& Step R forward, L forward, 1/2 turn right step R in place
7 8& Step L forward 1/2 turn Left step R back, 1/2 turn Left, L forward (9:00)

SEC 3 FORWARD HITCH L- STEP BACK - HITCH R - STEP BACK - HITCH L - STEP BACK - SIDE - SLIDE DRAG - CYNCOATED WEAVE

&1 &2 Step R forward, hitch L(knee out make figure 4), L back start hitch , R hitch
&3 &4 Step R back start hitch, L hitch , L back start hitch, R beside L
5 6& Step L slide drag to side, cross R behind L, L to side
7& 8& Step R cross over L, L to side, R cross behind L, L close beside R

SEC 4 ROCK FORWARD - RECOVER RL - UNWIND 1/2 TO LEFT - WALL RL

1 2& Step R rock forward, recover on L, R close beside L
3 4& Step L rock forward, recover on R, L close beside R
5 6 Step cross touch over L, make on 1/2turn to Left(3:00)
7 8 Step R forward, L forward

TAG SIDE - SWAY - TOUCH

1 2 Step R to side with sway to right, sway to left
3 4& Sway to right, sway to left, touch R beside L

Dancing with heart

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