

Use Me

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jean-Pierre Madge (CH) - June 2024
音樂: Use Me - Zach Top



Intro: 12 Counts, Start at approx 9 secs

SEC 1 Twinkle, $\frac{3}{4}$ Twinkle, Rock, Back, $\frac{1}{2}$ Step, $\frac{1}{2}$ Sweep

1-2-3 Cross right over left, step left to left, step right to right
4-5-6 Cross left over right, turn $\frac{1}{4}$ left step right back, turn $\frac{1}{2}$ left step left forward (3:00)

Restart Here on Wall 2

1-2-3 Rock right forward, recover weight onto left, step right back
4-5-6 Turn $\frac{1}{2}$ left step left forward, turn $\frac{1}{2}$ left sweeping right from back to front over 2 counts (3:00)

SEC 2 $\frac{3}{8}$ Fallaway, Step, Drag, Rock, $\frac{1}{8}$ Side

1-2-3 Cross right over left, step left to left, turn $\frac{1}{8}$ right step right back (4:30)
4-5-6 Step left back, turn $\frac{1}{8}$ right step right to right, turn $\frac{1}{8}$ right step left forward (7:30)
1-2-3 Step right forward dragging left towards right over 3 counts

Arms Raise both arms forward and up

4-5-6 Rock left forward, recover weight onto right, turn $\frac{1}{8}$ left step left to left (6:00)

Restart Here on Wall 4

SEC 3 $\frac{1}{2}$ Twinkle, Twinkle, Weave, $\frac{1}{4}$ Step, $\frac{3}{4}$ Hitch

1-2-3 Cross right over left, turn $\frac{1}{4}$ right step left back, turn $\frac{1}{4}$ right step right to right
4-5-6 Cross left over right, step right to right, step left to left (12:00)
1-2-3 Cross right over left, step left to left, step right behind left
4-5-6 Turn $\frac{1}{4}$ left step left forward, turn $\frac{3}{4}$ left hitching right knee (12:00)

Restart Here on Wall 7

SEC 4 Cross Rock, Side, Weave, $\frac{1}{2}$ Curving Feather, Rock, $\frac{1}{4}$ Side

1-2-3 Cross rock right over left, recover weight onto left, step right to right
4-5-6 Cross left over right, step right to right, step left behind right
1-2-3 Turn $\frac{1}{8}$ right step right forward, turn $\frac{1}{4}$ right step left forward, turn $\frac{1}{8}$ right step right forward (6:00)
4-5-6 Rock left forward, recover weight onto right, turn $\frac{1}{4}$ left step left to left (3:00)