

# Use a Little Help

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4  
編舞者: Patti Nix (USA) - September 2024  
音樂: Liquor Talkin' - Don Louis

級數: Absolute Beginner



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Intro: 16 counts

**[1-8] Vine Right, Vine Left (Optional rolling Vines), Turn 1/4 Left**

1-4            Step right, left behind, step right, touch left  
5-8            Step left, right behind, step left, TURN 1/4 Left touch right

**[9-16] Heel, Toe Right, Triple step, Heel Toe Left, Triple step**

1-2, 3&4      Right Heel forward, toe back, Triple R, L, R  
1-2, 3&4      Left Heel forward, toe back, Triple L, R, L

**[17-24] Walk forward, Mambo Step forward, Walk back, Coaster**

1-2 3&4      Walk forward R,L, Rock Right and step Left, Right  
5-6 7&8      Walk back L, R, Coaster back on Left, L,R, L

**[25-32] Hip bumps**

1,2 3&4      Hip R, L, RLR  
5,6 7&8      Hip L, R, LRL

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