

Use a Little Help

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Patti Nix (USA) - September 2024
音樂: Liquor Talkin' - Don Louis

級數: Absolute Beginner



Intro: 16 counts

[1-8] Vine Right, Vine Left (Optional rolling Vines), Turn 1/4 Left

1-4 Step right, left behind, step right, touch left
5-8 Step left, right behind, step left, TURN 1/4 Left touch right

[9-16] Heel, Toe Right, Triple step, Heel Toe Left, Triple step

1-2, 3&4 Right Heel forward, toe back, Triple R, L, R
1-2, 3&4 Left Heel forward, toe back, Triple L, R, L

[17-24] Walk forward, Mambo Step forward, Walk back, Coaster

1-2 3&4 Walk forward R,L, Rock Right and step Left, Right
5-6 7&8 Walk back L, R, Coaster back on Left, L,R, L

[25-32] Hip bumps

1,2 3&4 Hip R, L, RLR
5,6 7&8 Hip L, R, LRL
