

Makin' it Easy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Georgie Mygrant (USA) - September 2024
音樂: Clean Up Woman - Betty Wright



Intro: 24 counts

Modified Lock Step, 2 Fast Rocking Chairs R/L

1-4 Step R fwd. Diagonally, Step L to R, Step fwd. R/L/R
5&6&-7&8& Step Fwd. on L, rock back on R, (1&) Rock back on L, Return R fwd. (2&) Step Fwd. on L, rock back on R, (3&) Rock back on L, Return R fwd. (4&)
1-4 Step L fwd. Diagonally, Step R to L, Step fwd; L/R/L
5&6&-7&8& Step fwd. on R. Rock back on L, Rock back on R, Return L fwd. Step fwd. on R. Rock back on L, Rock back on R Rock back on Return L fwd.

Basic R, Mambo Step, Basic L, Mambo step turning ¼ L

1-4 Step R, Step L to R, Step R to R side, Step on L, Step R to L
5-8 Step L, Step R to L turning ¼ L, Step L to L side, Step on R, Step L to R

Modified V Step

1-4 Step R fwd. Diagonally, Step L across, Step back to center, R/L/R
5-8 Step L fwd. Diagonally, Step R across, Step back to center, L/R/L

That's it. As for the Rocking chair, it's Syncopated. I hope you can figure it out.

It should be a fun dance for your beginners class. It will go with any 32 count song with no tags.

Switch the music around and have fun with it.

If you have any problems, please contact me. mygeo@adamswells.com or mygrantg@gmail.com