

Keepin' It Country

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lisa Bodnar (USA) - September 2024
音樂: KEEPIN IT COUNTRY - James Johnston



***1 easy restart on wall 3. Do first 16 counts of dance and restart.**

[1-8]: Vine Right, Heels LRL, Hook L

1-4 Step R foot out to R side, cross L foot behind R, step R foot out to R side, touch L toe next to R foot (do not weight transfer).
5&6&7& Touch L heel forward (5), bring L foot in next to R(&), touch R heel forward (6), bring R foot in next to L(&), touch L heel forward (7) and hook L in front of R on (8).

[2-8]: Vine Left, Heels RLR, Hook R

1-4 Step L foot out to L side, cross R foot behind L, step L foot out to L side, touch R toe next to L foot (do not weight transfer).
5&6&7& Touch R heel forward (5), bring R foot in next to R(&), touch L heel forward (6), bring L foot in next to R (&), touch R heel forward (7) and hook R in front of L on (8).

(*Restart here on wall 3)

[3-8]: Touch to R/Hold, Touch to L/Hold, Touch to R, Touch to L, R Heel Forward, L Heel Forward

1-2& Touch R toe out to R side (1), hold for (2), bring R foot in next to L and weight transfer onto R (&)
3-4& Touch L toe out to L side (3), hold for (4), bring L foot in next to R and weight transfer onto L (&)
5&6& Touch R toe out to R side (5), bring R foot in next to L (&) and swap to touch L toe out to L side (6) and bring L foot in next to R foot (&).
7&8& Touch R heel forward (7), bring R foot in next to L foot (&), Touch L heel forward (8), bring L foot in next to R foot (&) (weight transfer to L)

[4-8]: Step R ½ Turn Pivot, Step R ½ Turn Pivot, Rock Forward with R, Recover L, ¼ R/Sliding R, Stomp L

1-2 Step R foot forward, ½ turn pivot over your left shoulder
3-4 Step foot forward again, ½ turn pivot over your left shoulder
5-6 Rock forward onto R foot, recover onto L foot
7-8 Take a large step/slide back onto your R foot while making a ¼ to the right. Stomp L next to R foot and transfer weight onto L foot.