

West Coast Country

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Gail Mullins (USA) & Pat Esper (USA) - September 2024
音樂: California Country - Moonshine Bandits



Funky V Steps – Clockwise Circle Walk

- 1 – 2 Step Right Foot Out To Right Angle Rolling Knee Outward Step Left Foot Out To Left Angle Rolling Knee Outward
3 – 4 Step Right Foot Back Rolling Knee In Step Left Foot Back Rolling Knee In
5 – 8 Walk Around Clockwise R-L-R-L (Back to Face Front Wall)

Right Lock Step – Lock Triple Step – Rock Step – Coaster

- 9 - 10 Step Right to Right Angle – Step Left Behind Right
11 & 12 Step Right Forward Angle – Step Left Behind Right – Step Right Forward Angle
13 - 14 Rock Forward on Left – Recover on Right
15 & 16 Left Coaster Step (L-R-L) Right and Left Sailor Steps – Forward Traveling Swivel Steps

Right Sailor Step Left Sailor Step

- 17 & 18 Step Right Behind Left – Step Left To Side (Slightly) – Step Right To Side (Slightly)
19 & 20 Step Left Behind Right – Step Right To Side (Slightly) – Step Left To Side (Slightly)
21 - 22 (On Balls of Feet) Step Forward on Right Twisting Both Heels Left
(On Balls of Feet) Step Forward on Left Twisting Both Heels Right
23 - 24 (On Balls of Feet) Step Forward on Right Twisting Both Heels Left
(On Balls of Feet) Step Forward On Left Twisting Both Heel Right (Weight on Left)

1/4 Pivots – Walking Hip Bumps

- 25 - 26 Step Right Forward – 1/4 Pivot Left
27 - 28 Step Right Forward – 1/4 Pivot Left
29 & 30 Step Right Forward Bumping Hips R-L-R
31 & 32 Step Left Forward Bumping Hips L-R-L

Start Again

Restarts – The Dance restarts AFTER the 2nd and 4th Walls. Phrasing is 32-32-16 Restart 32-32-16 Restart and 32 to end of song.

The restart happens during the rhythm changes while the Bird sings “From The Valley To The Beach” and ending with “That’s Where You’ll Find Me”.

Last Update: 16 Oct 2024