

It's in My DNA

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: High Improver
編舞者: Maria Nix (DE) - September 2024
音樂: DNA - Danny Vera



*1 tag, 2 restarts, ending

Start: after intro, with the singer

S1: R/L step lock step, R-rock step, lock step back

1&2 RF step forward (1), lock LF behind RF (&), RF step forward (2)
3&4 LF step forward (3), lock RF behind LF (&), LF step forward (4)
5-6 RF step forward with weight on RF (5), put weight back on LF (6)
7&8 RF step back (7), lock LF in front of RF (&), RF step back (8)

S2: L-1/2 turn facing 6 o'clock, shuffle forward, full turn, R-side rock, cross shuffle

1&2 LF ½ turn facing 6 o'clock with step forward (1), set RF behind LF (&), LF step forward (2)
3-4 RF step forward (3), full turn with weight on LF (4)
5-6 RF step right with weight on RF (5), put weight back on LF (6)
7&8 cross RF over LF (7), set LF behind RF (&) cross RF over LF (8)

S3: L-side rock, ¾ turn facing 3 o'clock, L/R/L lock step back

1-2 LF step left with weight on (1), put weight back on RF (2)
3&4 LF ¾ turn facing 3 o'clock (3), lock RF in front of LF (&), LF step back (4)
5&6 RF step back (5), lock LF in front of RF (&), RF step back (6)
7&8 LF step back (7), lock RF in front of LF (&), LF step back (8)

S4: R-back rock, kick ball step, full turn, kick ball step

1-2 RF step back with weight on RF (1), put weight back on LF (2)
3&4 RF kick forward (3), place ball of RF back next to LF (&), LF step on place with weight on LF (4)
5-6 RF step slightly forward (5), full turn and put weight on LF (6)
7&8 RF kick forward (7), place ball of RF back next to LF (&), LF step on place with weight on LF (8)

S5: R-side rock, behind side cross, L-heel grind ¼ turn, facing 12 o'clock, coaster step

1-2 RF step right with weight on RF (1), put weight back on LF (2)
3&4 cross RF behind LF (3), LF step left (&), cross RF over LF (4)
5-6 set heel of LF next to RF (5) and ¼ turn left on LF heel facing 12 o'clock (6)
7&8 LF step back (7), place RF next to LF (&) LF step forward (8)

*1 Tag – Jazz box after 1st round with ½ turn facing 6 o'clock

**2 Restarts – in round 3 and 5, after full turn, ¼ turn facing 6 o'clock, start again with section 1

Ending – in round 9, after 20 count: after L-step lock back, R-sailor ¼ turn facing 12 o'clock