

# It's in My DNA

COPPERKNOB  
STEPSHEETS

拍數: 40      牆數: 2      級數: High Improver  
編舞者: Maria Nix (DE) - September 2024  
音樂: DNA - Danny Vera



\*1 tag, 2 restarts, ending

Start: after intro, with the singer

## S1: R/L step lock step, R-rock step, lock step back

1&2      RF step forward (1), lock LF behind RF (&), RF step forward (2)  
3&4      LF step forward (3), lock RF behind LF (&), LF step forward (4)  
5-6      RF step forward with weight on RF (5), put weight back on LF (6)  
7&8      RF step back (7), lock LF in front of RF (&), RF step back (8)

## S2: L-1/2 turn facing 6 o'clock, shuffle forward, full turn, R-side rock, cross shuffle

1&2      LF ½ turn facing 6 o'clock with step forward (1), set RF behind LF (&), LF step forward (2)  
3-4      RF step forward (3), full turn with weight on LF (4)  
5-6      RF step right with weight on RF (5), put weight back on LF (6)  
7&8      cross RF over LF (7), set LF behind RF (&) cross RF over LF (8)

## S3: L-side rock, ¾ turn facing 3 o'clock, L/R/L lock step back

1-2      LF step left with weight on (1), put weight back on RF (2)  
3&4      LF ¾ turn facing 3 o'clock (3), lock RF in front of LF (&), LF step back (4)  
5&6      RF step back (5), lock LF in front of RF (&), RF step back (6)  
7&8      LF step back (7), lock RF in front of LF (&), LF step back (8)

## S4: R-back rock, kick ball step, full turn, kick ball step

1-2      RF step back with weight on RF (1), put weight back on LF (2)  
3&4      RF kick forward (3), place ball of RF back next to LF (&), LF step on place with weight on LF (4)  
5-6      RF step slightly forward (5), full turn and put weight on LF (6)  
7&8      RF kick forward (7), place ball of RF back next to LF (&), LF step on place with weight on LF (8)

## S5: R-side rock, behind side cross, L-heel grind ¼ turn, facing 12 o'clock, coaster step

1-2      RF step right with weight on RF (1), put weight back on LF (2)  
3&4      cross RF behind LF (3), LF step left (&), cross RF over LF (4)  
5-6      set heel of LF next to RF (5) and ¼ turn left on LF heel facing 12 o'clock (6)  
7&8      LF step back (7), place RF next to LF (&) LF step forward (8)

\*1 Tag – Jazz box after 1st round with ½ turn facing 6 o'clock

\*\*2 Restarts – in round 3 and 5, after full turn, ¼ turn facing 6 o'clock, start again with section 1

Ending – in round 9, after 20 count: after L-step lock back, R-sailor ¼ turn facing 12 o'clock