

On My Lonely Drum

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Abadi Haria (INA), Katarina Sherrina (INA) & Marchy Susilani (HK) - September 2024
音樂: Lonely Drum - Aaron Goodvin



NO RESTART & 1-TAG (8C) - After Wall 3 :

JAZZ BOX , BUMP R/L

1234 Cross RF over LF, Step back on LF, Step RF to R side, Step LF fwd
5&6. Rock RF to R while hips bump to RLR
7&8. Recover on LF while hips bump LRL

INTRO : 40C

S1. R. SIDE ROCK - RECOVER - TOGETHER - L. SIDE - TOUCH , SIDE MAMBO (R/L)

12&. Rock RF to R side, Recover on LF, Close RF next to LF
34. Step LF to L side, Touch RF beside LF
5&6. Rock RF to R side, Recover on LF, Close RF next to LF
7&8. Rock LF to L side, Recover on RF, Step LF next to RF

S2. FORWARD MAMBO, TURN ¼L. SHUFFLE, FORWARD MAMBO, TURN ¼L. COASTER STEP

1&2. Rock RF forward, Recover on LF, Step back on RF
3&4. Turn ¼L. Step LF to L side, Step RF next to LF, Turn ¼L. Step LF slightly fwd
5&6. Rock RF forward, Recover on LF, Step back on RF
7&8. Turn ¼L. Sweep LF behind RF, Step RF next to LF, Step LF slightly forward

S3. DIAGONAL BACK SHUFFLE (R/L), SKATE

1&2. Step RF diagonal bwd R, Step LF next to RF, Step RF diagonal bwd R
3&4. Step LF diagonal bwd L, Step RF next to LF, Step LF diagonal bwd L
5678 Step forward diagonally to RLRL, resembles a skater's movements

S4. WALK FORWARD - TAP BESIDE (R/L) , TURN ¼L. CHUG

12. Step RF forward diagonal fwd R while bending your knees slightly and pushing your hands forward, tap LF beside RF (option while clapping)
34. Step LF forward diagonal fwd L while bending your knees slightly and pushing your hands forward, tap RF beside LF (option while clapping)
5678 Turn ¼L. Tap RF to R side weight on LF, Turn ¼L. Tap RF to R side weight on LF, Turn ¼L. Tap RF to R side weight on LF, Touch RF beside LF

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