PReTTy GiRls

拍數: 48

級數: Phrased Improver / Intermediate

編舞者: ULD SQUAD (INA) - September 2024 音樂: Pretty Girl Rock - Neona

Sequences : AAB AAB AAA

A[32] B[16]

Start dance after intro lyrics 4 counts

Part A [32 COUNTS]

S1. *CROSS WALK [R-L] - KICK SIDE HEEL - HITCH - DROP - PONY TAIL [L-R]*

- 1-2 Cross R Walk over L , Cross L walk over R
- 3&4 Kick R to side with Heel R , R knee up , drop R close beside L
- 5&6 L back , recover on R , recover to L with R knee up
- 7&8 R back, recover to L, recover to R with L knee up

S2. *SIDE ROCK - BEHIND - SIDE - CROSS - 3/4 BART SIMPSON TURN R*

- 1-2 Step L to side, recover on R
- 3&4 Cross L behind R , step R to side , Cross L over R
- 5-8 Slightly R to side , 1/4 slightly turn to L , 1/4 slightly turn to L , 1/4 slightly turn to L (weight on L)

S3. *KICK BALL SIDE POINT - KNEE POP - DROP RECOVER (kick) - UNWIND FULL TURN R - SAILOR STEP*

- 1&2 R kick forward , R ball tap beside L , point L to side
- &3&4 Making R knee in out in with ball in place , Drop R recover in place
- 5-6 Cross L over R , full turn to R
- 7&8 Cross R behind L , step L to side , step R to side

S4. *HOLD - ¼ HITCH TURN L WITH HITCH - COASTER STEP - DOROTHY - ½ CHASE TURN R*

- 1-2 HOLD , 1/4 hitch turn to L knee up
- 3&4 Back L , close R beside L , L forward
- 5-6-& Diagonal R forward , Lock L beside R , Diagonal R forward
- 7&8 L forward , 1/2 turn to R recover L forward

PART B [16 COUNTS]

S1. *NIGHT CLUB BASIC - 1/2 TURN R - SIDE - CROSS - SIDE (sway R-L) - RECOVER - CROSS (sweep) - CROSS - SIDE*

- 1-2-& Slightly R to side , close L behind R , Cross L over R
- 3-4-& Side L to side with 1/2 turn to R , side R to side , cross L over R
- 5-6-& Side R to side with Sway R L , recover on L
- 7-8-& Cross L over R with Sweep R from back to front , cross R over L , step L to side

S2. *BACK [sweep] - BACK ROCK - SPIRAL FULL TURN R - WALK (R-L) - FORWARD ROCK - BACK - BACK ROCK - ½ PIVOT TURN R - WALK RUN*

- 1-2-& Back R with sweep L from front to back , back L , recover on R
- 3-4-& Forward L with full turn to R , walk R L forward
- 5-6-& Forward R , recover on L , back R
- 7-& Back L, recover on R
- 8-&-a L forward , ¹/₂ turn to right tap run , L tap forward





牆數:2

START FROM THE TOP *Have fun and Enjoy it*

Dancing with YOUR Heart Contact : ricoyusran@yahoo.com irene.argoputro@gmail.com