

# Pale Horse

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Improver  
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音樂: Pale Horse - Robin Winther



**INTRO: 24 counts**

Restarts: 1

Tag/Restart: 1

\*Restart: wall 2 facing 12 o'clock after 40 counts

\*Tag/Restart: wall 5 facing 6 o'clock after 16 counts

## [1-8] SHUFFLE SIDE, SHUFFLE ¼ TURN LEFT, CROSS ROCK, SIDE ROCK

1&2      Step RF to right, Step LF next to right, Step RF to right  
3&4      Step LF to left while turn ¼ turn left, step RF next to left, step LF left  
5-6      Cross RF over left, recover on left  
7-8      Rock RF right, recover on left

## [9-16] SAILOR STEP, SAILOR ¼ TURN RIGHT, HEEL, TOE, UNWIND ½ TURN RIGHT, STEP FWD

1&2      Step RF behind left, Step LF slightly to left, Step RF in place  
3&4      Step LF behind right, Making ¼ turn right step RF in place, Step LF slightly forward  
5-6      Right Heel fwd, RToe touch back,  
7-8      Pivot ½ turn right and step on RF, Step LF fwd

**\*TAG/RESTART HERE on wall 5 facing 6 o'clock\*\*\***

## [17-24] FWD 2X, SYNCOPATED ROCKING CHAIR, FWD 2X, PIVOT ¼ TURN LEFT

1-2      Step RF fwd, Step LF fwd  
3&4&      Rock RF fwd, recover on left, Rock RF back, recover on left  
5-6      Step RF fwd, step LF fwd  
7-8      Step RF fwd, Pivot ¼ turn left stepping fwd on LF

## [25-32] FWD 2X, SYNCOPATED ROCKING CHAIR, FWD 2X, PIVOT ¼ TURN LEFT

1-2      Step RF fwd, Step LF fwd  
3&4&      Rock RF fwd, recover on left, Rock RF back, recover on left  
5-6      Step RF fwd, step LF fwd  
7-8      Step RF fwd, Step RF fwd, Pivot ½ turn left stepping fwd on LF

## [33-40] CROSS ROCK, TRIPLE STEP, CROSS ROCK, TRIPLE ½ TURN LEFT

1-2      Rock RF crossed over left, recover on left  
3&4      Step RF to right, Step LF next to right, Step RF to right  
5-6      Rock LF crossed over left, recover on right  
7&8      Step LF fwd while turning ¼ turn left, step RF next to left, Step LF fwd while turning ¼ turn left

**\*\*\*\*RESTART HERE wall 2 facing 12 o'clock after 40 counts\*\*\***

## [41-48] CROSS, HOLD, OUT-OUT, STEP, JAZZBOX

1-2      Cross RF over left, Hold  
&3-4      Step LF slightly out to left, Step RF slightly out to right, Step LF next to right  
5-6      Cross RF over left, step LF back  
7-8      Step RF to right, Step or Stomp down LF next to right

## TAG: PIVOT ½ LEFT 2X

1-2      Step RF fwd, Pivot ½ turn left stepping fwd on LF

3-4

Step RF fwd, Pivot  $\frac{1}{2}$  turn left stepping fwd on LF

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