

Alimony

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Jamie Marshall (USA) - September 2024
音樂: Alimony - Miranda Lambert



#16 Count Intro

Sequence: Intro / 64, 64, Tag (12 Counts), 64, 64, 32 Restart, 64, Little Tag (4 Counts), Ending

A LOCK STEP, ¼ HITCH, VINE, TOUCH

1,2,3,4 Step R forward (1), Lock L behind R (2), Step R forward (3), Turn ¼ R, hitching L (4) (3:00)
5,6,7,8 Step L to L (5), Cross R behind L (6), Step L to L (7), Touch R next to L (8) (3:00)

B DIAG STEP, TOUCH, STEP BACK, KICK, COASTER W/ HEEL STRUT

1,2,3,4 Step R diagonally forward R (1), Touch L next to R (2), Step L back to center (3), Kick R (4)
5,6,7,8 Step R back (5), Step L next to R (6), Press R heel forward (7), Press ball of R to floor (8)

C STEP, HOLD, ¼ R, HOLD, WEAVE

1,2,3,4 Step L forward (1), Hold (2), Turn ¼ R, stepping R in place (3), Hold (4), (6:00)
5,6,7,8 Cross L over R (5), Step R to R (6), Cross L behind R (7), Step R to R (8) (6:00)

D ROCK, RECOVER, STEP, CROSS, STEP, TOUCH, STEP, TOUCH

1,2,3,4 Cross rock L over R (1), Recover onto R (2), Step L to L (3), Cross R over L (4)
5,6,7,8 Step L to L (5), Touch R next to L (6), Step R to R (7), Touch L next to R (8) (6:00) (Styling:
Add snaps)

*On Restart: Step L next to R taking weight (8)

E ROCK BACK, RECOVER, HEEL STRUTS, ROCK, RECOVER

1,2,3,4 Rock L back (1), Recover onto R (2), Press L heel forward (3), Press ball of L to floor (4)
5,6,7,8 Press R heel forward (5), Press ball of R to floor (6), Rock L forward (7), Recover onto R (8)
(6:00)

F STEP, TOUCH, STEP, TOUCH (W/ CLAPS), TRIPLE L, ROCK, RECOVER

1,2,3,4 Step L diagonally back L (1), Touch R next to L (2), Step R diagonally back R (3), Touch L
next to R (4)
5&6 Step L to L (5), Step R next to L (7), Step L to L (6)
7,8 Rock R back (7), Recover onto L on diagonal (opening up to 7:30) (8) (7:30)

G STEP, SCUFF, STEP, SCUFF, 1/8 JAZZ TRIANGLE

1,2,3,4 Step R forward (1), Scuff L next to R (2), Step L forward (3), Scuff R next to L (4)
5,6,7,8 Cross R over L (5), Step L back (6), Turn 1/8 R, stepping R to R (7), Step L next to R (8)
(9:00)

H STEP, TOE FANS, STEP, TOE FANS

1,2,3,4 Step R slightly forward, turning toes in (1), Turn toes out (2), Turn toes in (3), Turn toes to
center (4)
5,6,7,8 Step L slightly forward, turning toes in (5), Turn toes out (6), Turn toes in (7), Turn toes to
center (8)

TAG – ROCKING CHAIR, STEP, HOLD, ½ PIVOT, HOLD, STEP, HOLD, ½ PIVOT, HOLD

1,2,3,4 Rock R forward (1), Recover onto L (2), Rock R back (3), Recover onto L (4)

1,2,3,4 Step R forward (1), Hold (2), Turn ½ L, stepping L in place (3), Hold (4)
5,6,7,8 Step R forward (5), Hold (6), Turn ½ L, stepping L in place (7), Hold (8)

LITTLE TAG - ROCKING CHAIR ONLY

1,2,3,4 Rock R forward (1), Recover onto L (2), Rock R back (3), Recover onto L (4)

***Ending: Turn to front on (3), Touch L next to R (4), Step L to L & pose!**
