

# Am I Ok ?

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jean-Marc RAFFANEL (FR) - September 2024  
音樂: Am I Okay? - Megan Moroney



**dance start on lyrics**

**section 1 : RUMBA STEP, ¼ TURN L TRIPLE FWD, JAZZ BOX CROSS**

&1-2      step Rf on side, step Lf next to Rf, step Rf fwd  
3&4      ¼ turn L step Lf fwd, step Rf next to Lf, step Lf fwd 9:00  
5-6-7-8      cross Rf over Lf, step Lf back, step Rf on side, cross Lf over Rf

**section 2 : TRIPLE SIDE, ROCK BACK, ¼ TURN R, ¼ TURN R, STEP FWD ,SCUFF**

1&2      step Rf on side, step Lf next to Rf, step Rf on side  
3-4      step Lf back, recover onto Rf  
5-6      ¼ turn R step Lf back, ¼ turn R step Rf on side 3:00  
7-8      step Lf fwd, scuff Rf next to Lf

**RESTART HERE ON WALL 5 ( facing 3:00)**

**section 3 : MAMBO FWD, MAMBO BACK, MAMBO SIDE, MAMBO SIDE**

1&2      step Rf fwd, recover onto Lf , step Rf beside Lf  
3&4      step Lf back, recover onto Rf, step Lf beside Rf  
5&6      step Rf on side, recover onto Lf, step Rf beside Lf  
7&8      step Lf on side, recover onto Rf, step Lf beside Rf

**section 4 : STEP FWD, ¼ TURN L, CROSS TRIPLE, ¼ TURN R, ½ TURN R, TRIPLE FWD**

1-2      step Rf fwd, ¼ turn L 6:00  
3&4      cross Rf over Lf, step Lf on side, cross Rf over Lf  
5-6      ¼ turn R step Lf back, ½ turn R step Rf fwd 9:00  
7&8      step Lf fwd, step Rf next to Lf, step Lf fwd

**start again with smile**

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