Milk and Honey

COPPER KNOB

拍數: 32

牆數:4

級數: Beginner

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Intro 8 counts

*1 Restart on wall 3

S1. WALK FORWARD R-L, SIDE ROCK, CROSS SHUFFLE

- 1-4 Step RF forward, step LF forward, step RF forward, step LF forward
- 5-6 Step RF to R side, Recover LF on L
- 7&8 Cross RF over LF, step LF to L side (&), cross RF over LF

S2. SAMBA WHISK, TOE TOUCH FORWARD, TOE TOUCH BACK, FORWARD SHUFFLE, PIVOT 1/4 R

- 1&2 Step LF to left, rock RF back, recover weight onto LF
- 3-4 Toe touch forward, tou touch back
- 5&6 Step RF forward, Step LF behind RF, Step RF forward
- 7-8 Step RF forward, turn1/4 R recover on RF

*Restart Here on Wall 3, Change 7&8 to the following then Restart

*7-8 Step forward (7), turn 1/4 R weight on LF touch RF beside L (8)

S3. BOTAFOGO, ROCK FORWAD BACK SHUFFLE

- 1&2 Cross LF over RF, Rock RF to R side, Recover on LF
- 3&4 Cross RF over LF, Rock LF to L side, Recover on RF
- 5-6 Step LF forward, Recover on RF
- 7&8 Step LF back, Step RF in front of LF, Step LF back

S4. CHASSE, 1/2 TURN R CHASSE. JAZZBOX

- 1&2 Step RF to right side, close LF beside RF, step RF to right side
- 3&4 1/2 turn right step LF to left side, close RF beside LF, step LF to left side
- 5-6 Cross RF over LF, step LF back
- 7-8 Step RF to side, step LF forward

Happy Dancing

