

# You're My Life

**COPPER KNOB**  
STEPSHEETS

拍數: 60      牆數: 2      級數:  
編舞者: Jim Ray (USA) - September 2024  
音樂: You Light up My Life - Debby Boone



Choreographed For: Debbie Ray  
Hold: 6 Counts Start With Lyrics

**STEP RIGHT FOOT FORWARD, STEP LEFT FOOT FORWARD, STEP BACK WITH RIGHT FOOT, STEP BACK LEFT, STEP RIGHT BACK, STEP FORWARD LEFT**

1,2,3      Step Right Foot Forward, Step Left Foot Forward, Step Right Foot Back  
4,5,6      Step Left Foot Back, Step Right Foot Back, Step Left Foot Forward

**CROSS RIGHT FOOT OVER LEFT, ROCK LEFT, ROCK BACK TO RIGHT, CROSS LEFT OVER RIGHT, ROCK RIGHT TO RIGHT, ROCK BACK TO LEFT**

1,2,3      Cross Right In Front Of Left, Rock Left To Left, Rock Back To Right  
4,5,6      Cross Left In Front Of Right, Rock Right To The Right, Rock Back To Left

**STEP RIGHT FOOT A 1/4 RIGHT, STEP LEFT FOOT A 1/4 RIGHT, STEP RIGHT FOOT FORWARD, STEP LEFT FORWARD, STEP RIGHT FORWARD, STEP LEFT FOOT FORWARD**

1,2,3      Step Right Foot A 1/4 Right, Step Left Foot A 1/4 Right, Step Right Foot Forward  
4,5,6      Step Left Foot Forward, Step Right Foot Forward, Step Left Foot Forward

**STEP RIGHT FOOT FORWARD, STEP LEFT FOOT BACK, STEP RIGHT FOOT A 1/2 RIGHT, STEP FORWARD LEFT, FORWARD RIGHT, FORWARD LEFT**

1,2,3      Step Right Foot Forward, Step Left Foot Back, Step Right Foot A 1/2 To Right  
4,5,6      Step Left Forward, Step Right Forward, Step Left Forward

**CROSS RIGHT OVER LEFT, POINT LEFT TO LEFT, HOLD, CROSS LEFT OVER RIGHT, POINT RIGHT TO RIGHT, HOLD**

1,2,3      Cross Right In Front Of Left, Point left to Left, Hold,  
4,5,6      Cross Left In Front Of Right, Point Right To Right, Hold

**STEP RIGHT A 1/4 TURN RIGHT, STEP LEFT A 1/4 RIGHT, STEP RIGHT FORWARD, STEP LEFT FORWARD, STEP RIGHT FORWARD, STEP LEFT FORWARD**

1,2,3      Step Right A 1/4 Turn Right, Step Left A 1/4 Right, Step Right Forward  
4,5,6      Step Left Forward, Step Right Forward, Step Left Forward

**STEP RIGHT FOOT FORWARD, STEP LEFT BACK, STEP RIGHT BACK, STEP LEFT BACK, STEP RIGHT A 1/4 LEFT, STEP LEFT TOGETHER**

1,2,3      Step Right Forward, Step Left Back, Step Right Back  
4,5,6      Step Left Back, Step Right A 1/4 Left, Step Left Together

**CROSS RIGHT OVER LEFT A 1/8 OF A Turn Left, STEP LEFT FORWARD A 1/4 RIGHT, STEP RIGHT FORWARD, STEP LEFT FORWARD, STEP RIGHT A 1/4 LEFT, STEP LEFT FORWARD**

1,2,3      Cross right over Left A 1/8 turn, Step Left A 1/4 Turn Right, Step Right Forward  
4,5,6      Step Left Forward, Step Right A 1/4 Left, Step Left Forward

**STEP RIGHT FOOT FORWARD, KICK LEFT FOOT FORWARD TWICE, STEP BACK LEFT, STEP RIGHT A 1/4 Right, STEP LEFT FORWARD, STEP RIGHT FOOT FORWARD, KICK LEFT FOOT FORWARD TWICE, STEP LEFT FOOT BACK, STEP RIGHT FOOT BACK, STEP LEFT FORWARD A 1/8 LEFT**

1,2,3      Step Right Foot Forward, Kick Left Foot Forward, Kick Left Foot Forward  
4,5,6      Step Back Left, Step Right A 1/4 Right, Step Left Forward  
1,2,3      Step Right Foot Forward, Kick Left Foot Forward, Kick Left Foot Forward

4,5,6 Step Left Foot Back, Step Right Foot Back, Step Left Foot A 1/8 To The Left

**STEP RIGHT FOOT FORWARD, STEP LEFT FOOT FORWARD, STEP RIGHT FOOT BACK, STEP LEFT FOOT BACK, STEP RIGHT A 1/2 TO THE RIGHT, STEP LEFT FOOT 1/2 TO THE RIGHT**

1,2,3 Step Right Foot Forward, Step Left Foot Forward, Step Right Foot Back

4,5,6 Step Left Foot Back, Step Right A 1/2 Right, Step Left Foot A 1/2 Right

**( START OVER )**

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