

You're My Life

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 2 級數:
編舞者: Jim Ray (USA) - September 2024
音樂: You Light up My Life - Debby Boone



Choreographed For: Debbie Ray
Hold: 6 Counts Start With Lyrics

STEP RIGHT FOOT FORWARD, STEP LEFT FOOT FORWARD, STEP BACK WITH RIGHT FOOT, STEP BACK LEFT, STEP RIGHT BACK, STEP FORWARD LEFT

1,2,3 Step Right Foot Forward, Step Left Foot Forward, Step Right Foot Back
4,5,6 Step Left Foot Back, Step Right Foot Back, Step Left Foot Forward

CROSS RIGHT FOOT OVER LEFT, ROCK LEFT, ROCK BACK TO RIGHT, CROSS LEFT OVER RIGHT, ROCK RIGHT TO RIGHT, ROCK BACK TO LEFT

1,2,3 Cross Right In Front Of Left, Rock Left To Left, Rock Back To Right
4,5,6 Cross Left In Front Of Right, Rock Right To The Right, Rock Back To Left

STEP RIGHT FOOT A 1/4 RIGHT, STEP LEFT FOOT A 1/4 RIGHT, STEP RIGHT FOOT FORWARD, STEP LEFT FORWARD, STEP RIGHT FORWARD, STEP LEFT FOOT FORWARD

1,2,3 Step Right Foot A 1/4 Right, Step Left Foot A 1/4 Right, Step Right Foot Forward
4,5,6 Step Left Foot Forward, Step Right Foot Forward, Step Left Foot Forward

STEP RIGHT FOOT FORWARD, STEP LEFT FOOT BACK, STEP RIGHT FOOT A 1/2 RIGHT, STEP FORWARD LEFT, FORWARD RIGHT, FORWARD LEFT

1,2,3 Step Right Foot Forward, Step Left Foot Back, Step Right Foot A 1/2 To Right
4,5,6 Step Left Forward, Step Right Forward, Step Left Forward

CROSS RIGHT OVER LEFT, POINT LEFT TO LEFT, HOLD, CROSS LEFT OVER RIGHT, POINT RIGHT TO RIGHT, HOLD

1,2,3 Cross Right In Front Of Left, Point left to Left, Hold,
4,5,6 Cross Left In Front Of Right, Point Right To Right, Hold

STEP RIGHT A 1/4 TURN RIGHT, STEP LEFT A 1/4 RIGHT, STEP RIGHT FORWARD, STEP LEFT FORWARD, STEP RIGHT FORWARD, STEP LEFT FORWARD

1,2,3 Step Right A 1/4 Turn Right, Step Left A 1/4 Right, Step Right Forward
4,5,6 Step Left Forward, Step Right Forward, Step Left Forward

STEP RIGHT FOOT FORWARD, STEP LEFT BACK, STEP RIGHT BACK, STEP LEFT BACK, STEP RIGHT A 1/4 LEFT, STEP LEFT TOGETHER

1,2,3 Step Right Forward, Step Left Back, Step Right Back
4,5,6 Step Left Back, Step Right A 1/4 Left, Step Left Together

CROSS RIGHT OVER LEFT A 1/8 OF A Turn Left, STEP LEFT FORWARD A 1/4 RIGHT, STEP RIGHT FORWARD, STEP LEFT FORWARD, STEP RIGHT A 1/4 LEFT, STEP LEFT FORWARD

1,2,3 Cross right over Left A 1/8 turn, Step Left A 1/4 Turn Right, Step Right Forward
4,5,6 Step Left Forward, Step Right A 1/4 Left, Step Left Forward

STEP RIGHT FOOT FORWARD, KICK LEFT FOOT FORWARD TWICE, STEP BACK LEFT, STEP RIGHT A 1/4 Right, STEP LEFT FORWARD, STEP RIGHT FOOT FORWARD, KICK LEFT FOOT FORWARD TWICE, STEP LEFT FOOT BACK, STEP RIGHT FOOT BACK, STEP LEFT FORWARD A 1/8 LEFT

1,2,3 Step Right Foot Forward, Kick Left Foot Forward, Kick Left Foot Forward
4,5,6 Step Back Left, Step Right A 1/4 Right, Step Left Forward
1,2,3 Step Right Foot Forward, Kick Left Foot Forward, Kick Left Foot Forward

4,5,6 Step Left Foot Back, Step Right Foot Back, Step Left Foot A 1/8 To The Left

STEP RIGHT FOOT FORWARD, STEP LEFT FOOT FORWARD, STEP RIGHT FOOT BACK, STEP LEFT FOOT BACK, STEP RIGHT A 1/2 TO THE RIGHT, STEP LEFT FOOT 1/2 TO THE RIGHT

1,2,3 Step Right Foot Forward, Step Left Foot Forward, Step Right Foot Back

4,5,6 Step Left Foot Back, Step Right A 1/2 Right, Step Left Foot A 1/2 Right

(START OVER)
