

Heartbreak Disco

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ria Vos (NL) - September 2024
音樂: Heartbreaker - Purple Disco Machine & Chromeo



Intro: 16 Counts

Out-Out, Heel Swivels, Ball-Cross, ¼ R, Step Pivot ¼ R, Cross

1-2 Step Out on R, Step Out on L
&3&4 Swivel R Heel In, Recover, Swivel L Heel In, Recover
&5-6 Step on Ball of R Next to L, Cross L Over R, ¼ Turn R Step Fwd on R (3:00)
7&8 Step Fwd on L, Pivot ¼ Turn R, Cross L Over R (6:00)

¼ L, ¼ L, Cross Shuffle, Walk-Walk-Run-Run-Run ¾ Arc Turn L

1-2 ¼ Turn L Step Back on R, ¼ Turn L Step L to L Side (12:00)
3&4 Cross R Over L, Step L to L Side, Cross R Over L
5-6 ¼ Turn L Step Fwd on L, ¼ Turn L Step Fwd on R (6:00)
7&8 ¼ Turn L 'Run' Fwd Stepping L-R-L (Styling: add shoulder pops) (3:00) Note 5-7: Make a 3/4 Arc Turn L

Heel & Heel & Heel-Hook-Heel-Flick, Scuff ¼ L, Side, Sailor Step

1&2& Dig R Heel Fwd, Step R Next to L, Dig L Heel Fwd, Step L Next to R
3&4& Dig R Heel Fwd, Hook R in Front of L, Dig R Heel Fwd, Flick R Out to R Side
5&6 Scuff R Next to L, Hitch R ¼ Turn L, Step R to R Side (12:00)
7&8 Step L Behind R, Step R to R Side, Step L to L Side

Heel Grind, Behind Side Cross, Side Rock, Behind Side Cross

1-2 Heel Grind R Over L, Step L to L Side
3&4 Step R Behind L, Step L to L Side, Cross R Over L
5-6 Rock L to L Side, Recover on R
7&8 Step L Behind R, Step R to R Side, Cross L Over R ***Restart Point

& Side, Touch, Hold, & Side, Touch, & Heel, Ball-Walk-Walk, Kick-Ball-Step
&1-2 Small Step to R Side, Touch L Next to R, Hold
&3&4 Step L to L Side, Touch R Next to L, Small Step Back on R, Touch L Heel Fwd
&5-6 Step on Ball of L Next to R, Step Fwd R, Step Fwd L
7&8 Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L

Step Pivot ½ L, Step Fwd, ½ Turn R, ¼ R Side, Hold, & Point, Hitch Across

1-2 Step Fwd on R, Pivot ½ Turn L (6:00)
3-4 Step Fwd on R, ½ Turn R Step Back on L (12:00)
5-6 ¼ Turn R Step R to R Side, Hold (3:00)
&7-8 Step L Next to R, Point R to R Side, Hitch R Across L

Chasse, Rock Back, Side, Behind, ¼ L, ½ L

1&2 Step R to R Side, Step L Next to R, Step R to R Side
3-4 Rock Back on L, Recover on R
5-6 Step L to L Side, Step R Behind L
7-8 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R (6:00)

Rock Back, Full Turn R, Step Fwd, Hold, Ball-Step, Scuff

1-2 Rock Back on L, Recover on R

- 3-4 ½ Turn R Step Back on L, ½ Turn R Step Fwd on R (6:00)
5-6 Step Fwd on L, Hold
&7-8 Step on Ball of R Next to L, Step Fwd on L, Scuff R Next to L

Tag: After wall 2 (16 counts) & 5 (only 8 counts) both facing 12:00

Out-Out-In-In, Chasse R, Chasse L

- 5-6 Step Fwd and Out on R, Step Out on L
7-8 Step Back In on R, Step L Next to R
5&6 Step R to R Side, Step L Next to R, Step R to R Side Wiggle Both Index Fingers opposite
Up/Down to R Side
7&8 Step L to L Side, Step R Next to L, Step L to L Side Wiggle Both Index Fingers opposite
Up/Down to L Side

Toe Strut Fwd w/Bump, Pivot ½ L Toe Strut w/Bump, Toe Strut Fwd w/Bump, Pivot ½ L Toe Strut w/Bump

- 1-2 Step on R Toe Fwd and Bump R Hip Fwd, Lower R Heel (option: snap Fingers Fwd)
3-4 ½ Turn L Step on L Toe Fwd and Bump L Hip Fwd, Lower L Heel
5-6 Step on R Toe Fwd and Bump R Hip Fwd, Lower R Heel (option: snap Fingers Fwd)
7-8 ½ Turn L Step on L Toe Fwd and Bump L Hip Fwd, Lower L Heel

Restart: On Wall 3 After count 32 (12:00)
