

Like a Beer Can

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Helaine Norman (USA) - September 2024
音樂: Beer Can in a Truck Bed - Old Dominion



INTRO: 24

No tags. Restarts: 3 easily heard

I. FORWARD, HOLD, BALL, STEP, SCUFF; STEP, TOUCH, HOP BACK X2

1,2&3,4 Step R forward to right diagonal (1), hold (2), step on L ball (3), step R forward, scuff L to left diagonal
5,6 Step L forward to left diagonal, touch R together
&7 Hop R back, touch L together
&8 Hop L back, touch R together

Optional styling for count &: Lock

II. ROCK, RECOVER, ¼ R-TURN SIDE, BEHIND, SIDE, FORWARD, KICK BALL CHANGE, PIVOT ½ L-TURN

1&2 Rock R forward, recover to L, step R to right side making ¼ turn right (3:00)
3&4 Step L behind R, step R to right side, step L slightly forward
5&6 Kick R forward, step on R ball, recover to L in place
7&8 Step R forward making ½ turn left, weight to L

III. CROSS, SIDE, SAILOR; CROSS, SIDE, SAILOR

1-2 Step R over L, step L to left side
3&4 Step R behind L, step L to left side, step R to right side
5-6 Step L over R, step R to right side
7&8 Step L behind R, step R to right side, step L to left side

IV. KICK BALL POINT, SAILOR ½ L-TURN; FORWARD MAMBO, BACK COASTER

1&2 Kick R forward, step on R ball, point L to left side
3&4 Step L behind R making ½ turn left (3:00), step R to right side, step L to left side
5&6 Rock R forward, recover to L, step R together
7&8 Step L back, step R together, step L forward

REPEAT

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RESTARTS:

During wall 2 after 8 counts facing 3:00
During wall 4 after 16 counts facing 3:00
During wall 5 after 24 counts facing 12:00