

Free To Fly (自由飞翔)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Improver
編舞者: Heru Tian (INA) - September 2024
音樂: Zi You Fei Xiang (自由飛翔) - Phoenix Legend (鳳凰傳奇)



***3 Tags, 1 Restart

**Tag 4C at the End of Wall 4, 6, 8 (facing 12.00, 6.00 & 12.00)

Tag : Syncopated V Step, Side, Shoulder Pops

1&2& Step RF Fwd to R Diagonal (1), Step LF Fwd to L Diagonal (&), Step RF back to center (2),
Step LF Next to RF (&)
3 4 Step RF to R Side, Pop Right Shoulder Up (3), Return Right Shoulder, Pop Left Shoulder Up
(4) Weight on LF

**Restart on Wall 9 after 16C (facing 12.00)

Section 1 : Kick Ball Point (X2), Pony Steps (X2)

1&2 Kick RF Fwd (1), Ball RF Next to LF (&), Point LF to L Side (2)
3&4 Kick LF Fwd (3), Ball LF Next to RF (&), Point RF to R Side (4)
5&6 Step RF Back, Hitch LF Fwd (5), Ball LF Next to RF (&), Step RF Back, Hitch LF Fwd (6)
7&8 Step LF Back, Hitch RF Fwd (7), Ball RF Next to LF (&), Step LF Back, Hitch RF Fwd (8)

Section 2 : Sailor Side, 1/4L Sailor Fwd, Pivot 1/2L, Pivot 1/4L

1&2 Step RF behind LF (1), Step LF beside RF (&), Step RF to R Side (2)
3&4 1/4L, Step LF behind (3), Step RF beside LF (&), Step LF Fwd (4) (9.00)
5678 Step RF Fwd (5), Pivot 1/2L, Step LF in place (6) (3.00), Step RF Fwd (7), Pivot 1/4L, Step
LF in place (8) (12.00)

***Restart Here on Wall 9 (facing 12.00)

Section 3 : Side & Touch (X2), Side, Together, Side, Touch, Side & Touch (X2), Side Chasse

1&2& Step RF to R Side (1), Touch LF Next to RF (&), Step LF to L Side (2), Touch RF Next to LF
(&)
3&4& Step RF to R Side, slightly backward to R Diagonal (3), Step LF Next to RF (&), Step RF to R
Side (4), Touch LF Next to RF (&)
5&6& Step LF to L Side (5), Touch RF Next to LF (&), Step RF to R Side (6), Touch LF Next to RF
(&)
7&8 Step LF to L Side, slightly backward to L Diagonal (7), Step RF Next to LF (&), Step LF to L
Side (8)

Section 4 : Cross Rock, Side, Cross Rock, Side , 1/4L Paddle Touch (X3), Touch Together

1&2 Rock RF cross over LF (1), Recover on LF (&), Step RF to R Side (2)
3&4 Rock LF cross over RF (3), Recover on RF (&), Step LF to L Side (4)
5678 1/4L, Touch RF to R Side (5), 1/4L, Touch RF to R Side (6), 1/4L, Touch RF to R Side (7),
Touch RF next to LF (8) (3.00)

Start again..

Happy Dancing
Best Regards,
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