Pack Your Boots

拍數: 32

級數: Beginner

編舞者: Cathy Snow (USA) - August 2024

音樂: Pack Your Boots - Back Country Boys

RESTART: 12:00 (2nd time) Dance first 16 counts then restart the dance

[1-8] DOUBLE KICK, STOMP R, L, DOUBLE KICK, STOMP R, L

- 1-2 Low kick right foot FORWARD (two times)
- 3-4 Stomp R then L
- 5-6 Low kick left foot FORWARD (two times)
- 7-8 Stomp R, then L

[9-16] RIGHT SUGAR FOOT, TRIPLE, LEFT SUGAR FOOT, TRIPLE

- 1-2 Point right toe to left instep, right heel to left instep
- 3&4 Triple-step in place right, left, right
- 5-6 Point left toe to right instep, left heel to right instep
- 7&8 Triple-step in place left, right, left

[17-24] LINDY RIGHT, LINDY LEFT

- 1&2 Shuffle right, left, right to right side
- 3-4 Rock back on left behind right, recover right
- 5&6 Shuffle left, right, left to left side
- 7-8 Rock back on right behind left, recover left

[25-32] STEP FORWARD & BACK WITH TOUCHES, ¼ TURN RIGHT; SIDE STEPS WITH TOUCHES

- 1-2 Step R forward diagonally, Touch L beside R
- 3-4 Step L back diagonally; Touch right beside L
- 5-6 Turn ¼ to R, stepping R to side Touch L beside R7-8
- 7-8 Step L to L side, Touch R beside L

Contact: mrssno@email.com Just had TKR so I am unable to do a video but please

feel free to add a video.

Last Update: 18 Sep 2024





牆數

牆數: 4