

# Go & Love Yourself

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Wiwik Katarina (INA) & Dwi Astutiningsih (INA) - September 2024  
音樂: Love Yourself - Justin Bieber



**NO TAG NO RESTART**  
The dance starts on vocals

## **FWD R L, FWD MAMBO, BACK L R, SIDE MAMBO**

1, 2, 3 & 4      R fwd (1), L fwd (2), Rock R fwd (3), Recover on L (&), R back (4)  
5, 6, 7 & 8      L back (5), R back (6), Rock L to side (7), Recover on R (&), L together (8)

## **(SIDE ROCK, RECOVER, BALL STEP) R L, FWD ROCK, RECOVER, BACK SHUFFLE**

1, 2 &      Rock R to side (1), Recover on L (2), R ball beside L (&)  
3, 4 &      Rock L to side (3), Recover on R (4), Ball L beside R (&)  
5, 6      Rock R fwd (5), Recover on L (6)  
7, &, 8      R back (7), L beside R (&), R back (8)

## **BACK ROCK, RECOVER, FWD, PIVOT ¼ R, CROSS SHUFFLE, FWD ROCK, RECOVER**

1 - 4      Rock L back (1), Recover on R (2), L fwd (3), Turn ¼ R in place facing 3:00 (4)  
5 & 6      Cross L over R (5), R side (&), Cross L over R (6)  
7 8      Rock R fwd (7), Recover on L (8)

## **SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, V STEP WITH TOUCH**

1 2      Rock R to side (1), Recover on L (2)  
3 & 4      R behind (3), L side (&), Cross R over L (4)  
5 - 8      L diagonally fwd (5), R diagonally fwd (6), L back to center (7), Touch R beside L (8)

Enjoy the dance

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