

New Hips Don't Lie 24

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Adelaine Ade (INA) - September 2024
音樂: Hips Don't Lie - Shakira : ((Derkommissar Classic Remix))



Intro : 40c

NO TAG, 3 RESTART

S1. CROSS SAMBA x2, CROSS HOLD CROSS SHUFFLE

1&2 Cross R over L (1), Rock L to L (a) Recover onto R (2) - moving slightly forward
3&4 Cross L over R (3), Rock R to R (a) Recover onto L (4) - moving slightly forward
5, 6 Cross R over L (5) Hold (6)
&7&8 Step L to L (&) Cross R over L (7) Step L to L (&) Cross R over L (8)

Restart here on 11 after 4C (12:00)

S2. ½ TURN L, CROSS HOLD CROSS SHUFFLE, SAMBA WHISK

1, 2 ½ turn L crossing L over R (1), Hold (2)
&3&4 Step R to R (&) Cross L over R (3) Step R to R (&) Cross L over R (4)
5&6 Step R to R (5), Rock back on L (&), Recover forward on R (6)
7&8 Step L to L (7), Rock back on R (&), Recover forward on L (8)

Restart here on wall 3 (12:00) and wall 7 (03:00)

S3. VOLTA TURN ¾ R, VOLTA FULL TURN L

1&-2& Step forward RF(1), Step LF next to RF(&), Step forward RF(2), Step LF next to RF(&)
3&-4& Step forward RF(3), Step LF next to RF(&), Step forward RF(4), with ¾ turn R(1~4)
5&-6& Step forward LF(5), Step RF next to LF(&), Step forward LF(6), Step RF next to LF(&)
7&-8& Step forward LF(7), Step RF next to LF(&), Step forward RF(8), with full turn(5~8)(&)

S4. VAUDEVILLE R & L, RUN (R L R, L R L)

1&2& Cross R over L (1), step L to L side (&), touch R toe diagonally L (2), step down on R (&)
3&4& Cross L over R (3), step R to R side (&), touch L toe diagonally L (4), step down on L (&)
5&6 Fwd Run (Right Left Right)
7&8 Fwd Run (Left Right Left)

Have Fun & Happy Dancing!

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