Let's Step

COPPER KNOB

拍數: 32

級數: Beginner

編舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 4 September 2024 音樂: Step - LAY

牆數:4



Start: 16 count - 9s. approximately

Sequence: A, TAG, A, Final

[1-8] Walk, Walk, Swivel, Back, Back, Coaster-Step

- 1-2 Walk: L R (Option Knee Pops)
- 3&4 Swivel with LF FW
- 5-6 LF Back, RF Back
- 7&8 Coaster-Step*: LF Back, RF next to LF, LF FW (Weight is on LF) (*Option Stomp, Stomp)

[9-16] Side, Touch, ¼ L, Touch, Diagonal R, Diagonal L

- 1-2 RF to the R side, Touch LF next to RF
- 3-4 ¼ L with LF FW, Touch RF next to LF
- 5-6 RF FW on R diagonal (Option with Jump), Touch LF next to RF
- 7-8 LF Back on L diagonal (Option with Jump), Touch RF next to LF

[17-24] Side, Together, Side, Flick, Side, Together, Side, Flick,

- 1-2 RF to the R side, LF next to RF
- 3-4 RF to the R side, Flick L behind RF
- 5-6 LF to the L side, RF next to LF
- 7&8 LF to the L side, Flick R behind LF

[25-32] Step FW, Pivot ¼ L, Step FW, Pivot ¼ L, Rock-Step, Coaster-Step

- 1-2 RF FW, Pivot ¼ L (Weight is on LF)
- 3-4 RF FW, Pivot ¼ L (Weight is on LF)
- 5-6 RF FW, Recover on LF
- 7&8 Coaster-Step*: RF Back, LF next to RF, RF FW (Weight is on RF) (*Option Stomp, Stomp)

Tag: Side, Hip-Roll

[1-4] LF to the L side, Hip roll (finish weight on RF)

Final: 1/2 R with cross LF over RF

Smile et enjoy the dance Contact: maellynedance@gmail.com