

Ez to Remember

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Rosie Multari (USA) - August 2024
音樂: September - Earth, Wind & Fire : (iTunes & amazon.com)
或: Tiburon - Proyecto Uno
或: Cartagena - Esteman
或: El Merengue - Marshmello & Manuel Turizo



Other song suggestions, starting on vocals:

Tiburon by Proyecto Uno; Cartagena by Esteman; El Merengue by marshmello & Manuel Turizo

Intro: 40 counts, start on vocals* (Do You) Remember?

No Tags No Restarts

[1-8] MERENGUE TO THE RIGHT, END WITH TOUCH

1-4 Step R to right side, step L next to R, step R to right side, step L next to R,
5-8 Step R to right side, step L next to R, step R to right side, touch L next to R

[9-16] LEFT ROCKING CHAIR 2X

1-4 Rock L forward, recover on R in place, rock L back, recover on R in place,
5-8 Rock L forward, recover on R in place, rock L back, recover on R in place

[17-24] MERENGUE TO THE LEFT, END WITH TOUCH

1-4 Step L to left side, step R next to L, step L to left side, step R next to L,
5-8 Step L to left side, step R next to L, step L to left side, touch R next to L

[25-32] RIGHT ROCKING CHAIR 2X with ¼ TURN LEFT

1-4 Rock R forward, recover on L in place, rock R back, recover on L in place,
5-8 REPEAT counts 1-4 while turning ¼ to the left ** 9:00

Smile & begin again!

Choreographer's Note: Dance can be done very simply or you can suggest some styling on the Merengue steps like moving your shoulders on the first 8, dipping R shoulder when stepping on R, returning to center when stepping on L. On third 8, dip L shoulder when stepping on L, returning to center when stepping on R. On the Rocking chairs you can push your hip to the side of the lead foot: R foot, R hip and L foot, L hip. ** Option: leave out the ¼ turn left to create a One Wall dance, if that better suits your dancers.

Experiment with other songs, use as floor splits or warm up. Just have fun!