

Destinazione Mare

COPPERKNOB
STEPSHEETS

拍數: 248 牆數: 1 級數: Intermediate
編舞者: Michela Parzian (IT) - September 2024
音樂: Destinazione mare (feat. Claudia Subazzoli) (Glim Remix) - Edyta Kamińska



Intro 8 counts, steps start on count 9 of music

[1-24] Side Clap Facing

1-2 R step side, L tap- elbows out, clap on tap 12:00
3-4 L step side, R tap- elbows out, clap on tap 12:00

Repeat x6 12:00

(25-88) Swim Arms, Side Tap, Grapevine, 3/4 3 Step Turn

1-2-3-4 R, L, R, stepping back, L tap- hands up, arms "swim" and roll back 12:00
5-6-7-8 L side, R tap, R side, L tap 12:00

1-2-3-4 L grapevine front (L side, R cross in front, L side, R tap) 12:00
5-6-7-8 R 3/4 3-step turn (R side, L together and turn, R back or replace weight, L step) 9:00

1-2-3-4 R, L, R, stepping back, L tap- hands up, arms "swim" and roll back 9:00
5-6-7-8 L side, R tap, R side, L tap 9:00

1-2-3-4 L grapevine front 9:00
5-6-7-8 R 3/4 3-step turn 6:00

1-2-3-4 R, L, R, stepping back, L tap- hands up, arms "swim" and roll back 6:00
5-6-7-8 L side, R tap, R side, L tap 6:00

1-2-3-4 L grapevine front 6:00
5-6-7-8 R 3/4 3-step turn 3:00

1-2-3-4 R, L, R, stepping back, L tap- hands up, arms "swim" and roll back 3:00
5-6-7-8 L side, R tap, R side, L tap 3:00

1-2-3-4 L grapevine front 3:00
5-6-7-8 R 3/4 3-step turn 12:00

[89-120] Variation Arms Walk Fwd, One Arm Rainbow Over Walk Back, Hand over Eyes Grapevine, 3 Step Turn

1-2 -3 R,L,R walk fwd- L arm fold in front, R arm out side, hands open, palms down- 12:00 Switch R front, L out to side, Switch 4 Jump together- both arms up 12:00

5-6-7-8 L,R,L step back, R tap- R arm rainbows up and out 12:00

1-2-3-4 R grapevine front (R side, L cross front, R side) L tap- R hand open palm face out swipe in front of eyes 12:00

5-6-7-8 L full 3-step turn (L side, R close and turn, L side) R tap 12:00

Repeat x2 12:00

[121-184] Hips and Taps- Arms Sway and Alternate

1-2-3-4 R, L, R, L, feet 2nd position, hips sway with steps- palms open down, elbows bent, sway hands by hips 12:00

5-6-7-8 R tap fwd, return, L tap fwd, return- arms stay and alternate naturally with taps 12:00

Repeat x2 12:00

1-2-3-4 R, L, R, L, feet 2nd position, hips sway with steps- palms open down, elbows bent, sway hands by hips 9:00

5-6-7-8 R tap fwd, return, L tap fwd, return- arms stay and alternate naturally with taps 9:00

Repeat x2 9:00

1-2-3-4 R, L, R, L, feet 2nd position, hips sway with steps- palms open down, elbows bent, sway hands by hips 6:00

5-6-7-8 R tap fwd, return, L tap fwd, return- arms stay and alternate naturally with taps 6:00

Repeat x2 6:00

1-2-3-4 R, L, R, L, feet 2nd position, hips sway with steps- palms open down, elbows bent, sway hands by hips 3:00

5-6-7-8 R tap fwd, return, L tap fwd, return- arms stay and alternate naturally with taps 3:00

Repeat x2 3:00

[185-216] Turning Grapevines

1-2-3 R Grapevine back (R side, L cross back, R side)- hands on front hips 12:00

4-5-6-7 1/2 turn into L grapevine back (L side, R cross back, L side) R cross tap front 6:00

8-1-2-3-4 R Grapevine full (R side, L cross front, R side, L cross back, R side) 6:00

5-6-7-8 1/2 turn to L grapevine back, R cross tap front 12:00

Repeat x2

[217-248] Swim Arms, Side Tap, Grapevine, 1/2 Walk Around Turn

1-2-3-4 R, L, R, stepping back, L tap- hands up, arms "swim" and roll back 12:00

5-6-7-8 L side, R tap, R side, L tap 12:00

1-2-3-4 L grapevine front (L side, R cross in front, L side, R tap) 12:00

5-6-7-8 R 1/2 walk around turn (R side, L walk around, R walk around, L step) 6:00

1-2-3-4 R, L, R, stepping back, L tap- hands up, arms "swim" and roll back 6:00

5-6-7-8 L side, R tap, R side, L tap 6:00

1-2-3-4 L grapevine front 6:00

5-6-7-8 R 1/2 walk around turn 12:00

RESTART (89-120)

TAG (121-184) NO REPEATS [only 1 each wall] + (185-216)

RESTART (89-120)

END POSE L Slide, Shape R leg- Point both hands fwd

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