From Sarah With Love



拍數: 32 編數: 2 級數: Intermediate

編舞者: Siske Natali (INA) - September 2024 音樂: From Sarah With Love - Sarah Connor



Intro: 12 Counts

| SECT 1: SIDE - CROSS - TURN 1/4 RIGHT - SAILOR STEP 1/4 TURN RIGHT WITH LIFT L - SIDE - CROSS |
|---|
| - SIDE WITH LIFT R - SIDE - CROSS |

| 1 - 2 & | Step R to side, Cross L behind R, Turn ¼ right step R forward |
|---------|---|
| 3 - 4 & | Turn ¼ right step L to side with sweep R from front to back ,Cross R behind L, Step L to side |
| 5 - 6 & | Step R to side with lift L diagonal ,Step L to side, Cross R over L |
| 7 - 8 & | Step L to side with lift R diagonal, Step R to side, Cross L over R |

SECT 2 : SPIRAL 3/4 TURN LEFT – FORWARD R L – BACK SHUFFLE WITH SWEEP 1/8 TURN LEFT – BACK SHUFFLE WITH SWEEP – CROSS – SIDE

| 1-2& | Step R forward and make Turn 3/4 to left, Step L Forward , Step R Forward (10.30) |
|---------|--|
| 3 - 4 & | Step L Forward, Step R back, Step L together |
| 5 - 6 & | Step R back Turn 1/8 left with sweep L From Front to back, Step L back, Step R together (9.00) |
| 7 - 8 & | Step L back with sweep R From Front to back, Cross R behind L, Step L to side |

SECT 3: CROSS ROCK - WEAVE - TURN 1/4 RIGHT - PIVOT 1/2 RIGHT - FORWARD - SPIRAL TURN LEFT - FORWARD L - R

| 1-2& | Cross rock R over L, Recover on L, Step R to side |
|-----------|---|
| 3 & - 4 & | Cross L over R, Step R to side, Cross L behind R, Turn 1/4 right step R forward |
| 5 - 6 & | Step L Forward, Turn ½ right weigh on R, Step L Forward |
| 7 - 8 & | Make a full turn left (weigh on R), Step L forward, Step R forward |

SECT 4: FORWARD ROCK - BESIDE - SERPIENTAY - SIDE - CROSS - BACK - SIDE - CROSS

| 1 - 2 & | Rock L forward, Recover on R, Step L beside R |
|---------|---|
| 3 - 4 & | Step R forward with sweep L front back to front, Cross L over R, Step R to side |
| 5 - 6 & | Step L back with sweep R from front to back, Cross R behind L, Step L to side |
| 7& - 8& | Cross R over L, Step L back, Step R to side, Cross L over R |

Restart: On wall 2 after 10 Counts ,4 after 8 Counts ,6 after 12 Counts

Step Change on wall 2 after 10 Counts (step change on count &)

& - Touch R beside L with knee

Enjoy The Dance

Email: siskeidrus@gmail.com

Pekanbaru Line Dance Community (PLDC)

Last Update: 14 Sep 2024