

West and Wild

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rob Fowler (ES) - July 2024
音樂: Wild Horses - Ashes & Arrows



Intro: 32 counts from main beat (approx. 19s) – start on vocals

S1: R Kick Ball Cross x2, Side Rock, Recover, R Behind-Side-Cross

1&2 Kick R diagonally fwd R (1), step ball of R next to L (&), cross step L over R (2)
3&4 Kick R diagonally fwd R (3), step ball of R next to L (&), cross step L over R (4)
5-6 Rock R out to R side (5), recover weight on L (6)
7&8 Step R behind L (7), step L to L side (&), cross step R over L (8) [12:00]

S2: L Kick Ball Cross x2, Side Rock, Recover, L Behind-Side-Fwd

1&2 Kick L diagonally fwd L (1), step ball of L next to R (&), cross step R over L (2)
3&4 Kick L diagonally fwd L (3), step ball of L next to R (&), cross step R over L (4)
5-6 Rock L out to L side (5), recover weight on R (6)
7&8 Step L behind R (7), step R to R side (&), step fwd on L (8) [12:00]

S3: Step Fwd R, Pivot ½ L, Shuffle ½ L, L Coaster, Step R ¼ L, Behind L

1-2 Step fwd on R (1), make ½ turn L (weight fwd on L) (2) [6:00]
3&4 Make ¼ turn L stepping R to R side (3), step L next to R (&), make ¼ turn L stepping back on R (4) [12:00]
5&6 Step back on L (5), step R next to L (&), step fwd on L (6)

RESTART 1 & STEP CHANGE: During WALL 5, dance up to and including S3 count 6.

Replace the “make ¼ turn L stepping R to R side (7), step L behind R (8)” with “walk fwd R (7), walk fwd L (8)” and restart the dance here facing 12:00.

7-8 Make ¼ turn L stepping R to R side (7), step L behind R (8) [9:00]

S4: R Chasse ¼ R, Step Fwd L, Pivot ½ R, Step L ¼ R, Behind R, ¼ L Shuffle

1&2 Step R to R side (1), step L next to R (&), make ¼ turn R stepping fwd on R (2) [12:00]
3-4 Step fwd on L (3), make ½ turn R (weight fwd on R) (4) [6:00]
5-6 Make ¼ turn R stepping L to L side (5), step R behind L (6) [9:00]
7&8 Make ¼ turn L stepping fwd on L (7), step R next to L (&), step fwd on L (8) [6:00]

(Note: this section is similar to a modified figure of 8 pattern)

S5: Rock Fwd R, Recover, Step R, L Heel Fwd, Double Clap, Step L, Rock Fwd R, Recover, ½ Turn R Shuffle

1-2& Rock fwd on R (1), recover weight on L (2), step R next to L (&)
3&4 Touch L heel fwd (3), clap hands twice (&4)
&5-6 Step L next to R (&), rock fwd on R (5), recover weight on L (6)
7&8 Make ¼ turn R stepping R to R side (7), step L next to R (&), make ¼ turn R stepping fwd on R (8) [12:00]

S6: Step L ¼ R, Click Fingers Up, Step R ½ R, Click Fingers Down, Cross Rock, Recover, L Chasse

1-2 Make ¼ turn R stepping L to L side (1), raise both hands above head and click fingers (2) [3:00]
3-4 Pull R shoulder back and make ½ turn R stepping R to R side (3), lower both hands and click fingers (4) [9:00]
5-6 Cross rock L over R (5), recover weight on R (6)
7&8 Step L to L side (7), step R next to L (&), step L to L side (8)

S7: R Heel Grind, R Coaster, L Heel Grind, L Coaster

- 1-2 Rock fwd on R heel twisting toes from L to R (1), recover weight on L (2)
3&4 Step back on R (3), step L next to R (&), step fwd on R (4)
5-6 Rock fwd on L heel twisting toes from R to L (5), recover weight on R (6)
7&8 Step back on L (7), step R next to L (&), step fwd on L (8) [9:00]

RESTART 2: During WALL 6, dance up to and including S7 count 8 then restart the dance facing 9:00.

S8: Step Fwd R, Pivot ½ L, Step Fwd R, Pivot ½ L, Small Jump Fwd R/L, Hold (& Clap), Small Jump Back R/L, Hold (& Clap)

- 1-2 Step fwd on R (1), make ½ turn L (weight fwd on L) (2) [3:00]
3-4 Step fwd on R (3), make ½ turn L (weight fwd on L) (4) [9:00]
&5-6 Small jump fwd on R (&), step L out to L side (shoulder-width apart) (5), hold (&clap) (6)
&7-8 Small jump back on R (&), step L out to L side (shoulder-width apart) (7), hold (&clap) (8)

Start Over

RESTART DETAILS

RESTART 1 & STEP CHANGE: During WALL 5, dance up to and including S3 count 6.

Replace the “make ¼ turn L stepping R to R side (7), step L behind R (8)” with “walk fwd R (7), walk fwd L (8)” and restart the dance facing 12:00.

RESTART 2: During WALL 6, dance up to and including S7 count 8 then restart the dance facing 9:00.

ENDING: The music finishes during WALL 8 at the end of S6 count 8. Make ¼ turn L at count 8 to finish facing 12:00 and step fwd on R. Ta-da!
