

Ellegibo

拍數: 32 牆數: 4 級數: Improver
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音樂: Uma Historia de Ifa (Ellegibo) - Costa Este



Intro: 48 count (approximately 0:36 secs)

S1. CROSS ROCK (CUBAN BREAK), BOTAFOGO, CROSS SHUFFLE, CROSS SHUFFLE TURN 1/2 RIGHT

1&2& Cross/Rock R over L – Recover on L – Rock R to side – Recover on L (12:00)
3 a4 Cross R over L – Rock L to side – Recover on R
5&6& Cross L over R – Step R to side – Cross L over R – Turn 1/4 right weight on L
7&8 Turn 1/4 right cross R over L – Step L to side – Cross R over L (6:00)

S2. SAMBA WHISK (L & R), VOLTA TURN 3/4 LEFT

1 a2 Step L to side – Rock R back – Recover on L (6:00)
3 a4 Step R to side – Rock L back – Recover on R
5 a6 Step L forward slightly cross over R (prepare for volta turn 3/4 left) – Turn 1/4 left step R to side (3:00) – Cross L over R
a 7 a8 Turn 1/4 left step R to side (12:00) – Cross L over R – Turn 1/4 left step R to side (9:00) – Step L forward slightly cross over R (9:00)

S3. WEAVE TO LEFT WITH SWEEP, GALLOPS, PRESS FORWARD, BATUCADA

1&2 Cross R over L – Step L to side – Cross R behind L and sweep L from front to back
3&4 Cross L behind L – Step R to side – Cross L over R
5-6 Press R toe forward and rotate hip clockwise – Transfer weight to L
a7 a8 Step R back – Touch L toe forward and make hip rotation from left to centre – Step L back – Touch R toe forward (9:00)

S4. WALK FORWARD R&L, LOCK SHUFFLE FORWARD, PIVOT TURN 1/2 RIGHT, TRAVELING PIVOT FULL TURN LEFT

1-2 Step R forward – Step L forward (9:00)
3 a4 Step R forward – Lock L behind R – Step R forward
5-6 Step L forward – Turn 1/2 right weight on R (3:00)
7&8 Step L forward – Turn 1/2 left step R back (9:00) – Turn 1/2 left step L forward (3:00)

Option for 7&8 : Can be replaced with lock shuffle forward

7&8 Step L forward – Lock R behind L – Step L forward

For more info about step sheet & song, please contact:

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