

Cuma Sekali

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Retno Ernawati (INA) - September 2024
音樂: Hidup Cuma Sekali - TOFU



* Restart after 16 count on wall 3

Start on vocal

Section 1 TOUCH HIP BUMP UP DOWN, BEHIND SIDE CROSS RL

1&2 Touch RF R diagonal forward & Bump R Hip Up, Bump R Hip down, Bump R Hip Up
3&4 Cross RF behind LF, step LF to L, cross RF over LF
5&6 Toch LF L diagonal forward & Bump L Hip Up, Bump L Hip down, Bimp L hip Up
7&8 Cross LF behind RF, step RF to R, Cross , Cross LF over RF

Section 2 CHARLESTON, SHUFFLE FORWARD 2x

1 - 2 Sweep & Touch RF forward, Sweep & Step RF backward
3 - 4 Sweep & Touch LF backward , Sweep & step LF forward
5 & 6 Step RF forward, Step LF next to RF, Step RF forward
7 & 8 Step LF forward, Step RF next to LF, Step LF forward

*Restart here on wall 3

Section 3 TRAVELLING VOLTA RL

&1&2 Hitch RF Cross RF over LF, step LF to L, cross RF over LF
&3&4 step LF to L, cross RF over LF, step LF to L, cross RF over LF
&5&6& Hitch LF Cross LF over RF, step RF to R, cross LF over RF
&7&8 step RF to R, cross LF over RF, step RF to R, cross LF over RF

Section 4 FORWARD MAMBO , BACK MAMBO, PADDLE TURN 1/8L 2x

1 & 2 Rock RF forward, recover onto LF, step RF backward
3 & 4 Rock LF backward, recover onto RF, step LF forward
5 - 6 Step RF to R , Turn 1/8 L
7 - 8 Step RF to R, Turn 1/8 L

Finish enjoy, happy dancing
