Colors of the Wind

拍數: 32

級數: Intermediate

編舞者: Chandrani Eilena Emmiyan (INA) - September 2024

音樂: Colors of the Wind (From "Pocahontas") - Tori Kelly

Intro: 8 Counts

Restart : On wall 4 after 30 counts (facing 12.00)

Ending : On the last wall at session 3 the music is slowing down, follows the beat. On the count of 1 slide to right then hold the position till the music was end.

Session 1 FWD ROCK, ½ TURN RIGHT, FWD ROCK, ¼ TURN LEFT, ¼ DIAMOND FALL AWAY

- 1-2& Step R forward, Recover onto L, Turn ¹/₂ to right & step R forward (6.00)
- 3-4& Step L forward, Recover onto R, Turn ¼ to left & step L to left side (3.00)
- 5-6& Step R forward while sweeping L to front, Cross L over R, Step R to right side
- 7-8& Turn 1/8 to left & step L to back (1.30), Step R back, Turn 1/8 to left & step L to left side (12.00)

Session 2 ARABESQUE, BACK RUN WITH SLIDE, COASTER STEP WITH SWEEP, 3/8 TURN LEFT, SWAY L R L

- 1-2&3 Turn 1/8 to left & step R forward while swinging L upward (10.30), Step L down & back, Step R back, Back slide on L
- 4&5 Step R back, Step L next to R, Step R forward while sweeping L from back to front
- 6&7 Cross L over R, Turn 1/8 to left & step R back (9.00), Turn ¼ to left & step L to left side and sway upper body to left (6.00)
- 8& Recover onto R & sway upper body to right, Recover onto L & sway upper body to left

Session 3 BASIC NC, ¾ TURN RIGHT SPIRAL, FULL TURN WITH SWEEP, ¾ DIAMOND FALL AWAY

- 1-2&3 Slide R to right side, Close L behind R, Cross R over L, Turn ¾ to right & step L back while making a little hook on R (3.00)
- 4&5 Step R forward, Turn ½ to right & step L back (9.00), Turn ½ to right & step R forward while sweeping L from back to front (3.00)
- 6&7 Cross L over R, Step R to right side, 1/8 turn left & step back on L (1.30)
- 8& Step R back, Turn 1/8 to left & step L to left side (12.00)

ENDING: The music is slowing down, follows the beat, on the count of 1 slide to right then hold the position till the music was end.

Session 4 CONTINUE MAKING ¾ DIAMOND FALL AWAY, FORWARD (x2), ROCKING CHAIR

- 1-2&3 Turn 1/8 to left & step R forward (10.30), Step L forward, Turn1/8 to left & step R to right side (9.00)
- 4&5 Turn 1/8 to left side & step L back (7.30), Step R back, Turn 1/8 to left side & step L to left side (6.00)
- 6& Step forward on R, L
- 7&8& Step R forward, Recover onto L, Step R back, Recover onto L

RESTART: On wall 4 after 30 counts (session 4 after counts of 6&)

Happy dancing Dancing from the heart

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牆數:2