

If the Boot Fits

拍數: 32 牆數: 2 級數: Beginner
編舞者: Stephanie Perry (AUS) - August 2024
音樂: If the Boot Fits - Christie Lamb



Start on Vocals, weight on left.

LOCK STEP, HEEL TOUCH SWITCHES, SIDE STEP WITH SLAP, HEEL TWIST, TOE TWIST

1,2 & 3&4& Step right heel forward to diagonal, cross left behind right, step right forward slightly to diagonal, left heel touch forward, step left together, right heel touch forward, Step right together.

5,6,7,8 Step Left to Left, hold - during hold slap sides of legs, Both heels twist to L, Both toes twist to Left.

CROSS ROCK, SIDE ROCK, SAILOR STEP, SAILOR STEP

1,2,3,4 Cross Right over left, recover onto Left, Side rock Right to Right side, recover onto left.

5&6,7&8 Step right behind left, step left to left, stomp right to right. Step left behind right, step right to right, stomp left to left.

HEEL SCUFF & COASTER, HEEL SCUFF & COASTER

1,2,3&4 Scuff Right heel forward, step right back, step left back, step right next to left, step Left forward.

5,6,7&8 Scuff Right heel forward, step right back, step left back, step right next to left, step Left forward.

CROSS POINT, CROSS POINT, PADDLE X4

1,2,3,4 Cross right over left, point left to left side, Cross left over right, point right to right side

5,6,7,8 Turn 1/8 Left, stomping right to right, Turn 1/8 Left, stomping right to right (9:00), Turn 1/8 Left, stomping right to right, Turn 1/8 Left, stepping right together and clap (weight on L) (6:00)

No restarts or Tags

I was so lucky to choreograph and perform this dance in the music video for Christie Lamb alongside some beautiful friends - I'd love to get everyone up and dancing to this absolute banger of a song. Be sure to take videos and tag me - I'd love to see you dancing along!

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