

拍數: 32 編數: 4 級數: Low Intermediate

編舞者: France Bastien (CAN) & Serge Légaré (CAN) - August 2024

音樂: Get By - Jelly Roll



[1-8] Wizard Step, (Step Fwd) x 2, Sailor Step 1/4 Turn R

1-2& RF in front – LF cross behind – RF in front 3-4& LF in front – RF cross behind – LF in front

5-6 RF in front – LF in front

7&8 RF cross behind – ¼ turn R LF to left – RF to right

[9-16] Cross, Side, Sailor 1/4 Turn L, Rock Step, Recover, Full Turn R

1-2 LF cross in front – RF to right

3&4 PG croisé derrière – ¼ turn to L RF to right PD – LF in front

5-6 RF in front – return on LF

Tag Restart 1, here

7&8 Triple Step Full turn to right R. L. R

Tag Restart 2, here

[17-24] Rock Step, Recover, Together, Rock Step Recover, Back Lock Back, Sailor 1/4 Turn L

1-2 LF in front – return on RF

& LF next to the RF

3-4 RF in front – return on LF

5&6 RF behind – RF cross in front (lock) - RF behind

7&8 LF cross behind – ¼ turn to left RF to right – LF in front

[25-32] Out, Out, In, In, Step Fwd, ½ Turn L, Kick Ball Step, (Stomp) x 2

&1 RF to right – LF to left

&2 RF in centre – LF in centre

3-4 RF in front – ½ turn to left weight on LF

5&6 Kick RF in front – RF next to the LF – LF in front

7-8 Stomp du PD – stomp du PG

Start from the beginning

Tag Restart 1: In the 4th routine do the first 14 counts and change counts 7&8 for the following counts and start again from the beginning

[1-2] Rock Back, Recover

1-2 RF behind PD – return on LF

Tag Restart 2: In the 8th routine, do the first 16 counts and add the following counts [1-4] Rock Side, Recover, Stomp, Hold

1-2-3-4 LF to left – return on RF – LF next to the RF (Stomp) - Hold