

Cha Cha Remix

拍數: 64 牆數: 4 級數: Improver
編舞者: Winnie Yu (CAN) - September 2024
音樂: Rivers of Babylon (Club Mix) - Boney M. 2000



Intro: starts on the word "Babylon"

Sequence: 64, 64 (4 count Bridge* after 32 count), 64, 64, 64, 64, Ending (4 count)

***This dance is dedicated to Ontario Health Region (Toronto & Central)
*65+ line dance classes and Beginner/Improver classes.**

Section 1: Rock Forward, Recover, Shuffle Back, Back Rock, Recover Shuffle Forward

1-2-3&4 Rock forward on R, recover onto L, step back on R, step L in front of R, step back on R.
5-6-7&8 Rock back on L, recover onto R, Step forward on L, Step R behind L, Step forward on L.

Section 2: Rock Forward , Recover, ½ R Shuffle, Rock Forward , Recover, 1/4 L Chasse

1-2 Rock forward on R, recover onto L
3&4 Make a ¼ R step R to R side, Sept L next to R, make a ¼ R step forward on R (6:00)
5-6 Rock forward on L, recover onto R
7&8 Make a ¼ L step L to L Side, step R next to L, step L to L side (3:00)

Section 3: Weave L, Cross Rock, Recover, R Chasse

1-2-3-4 Cross R over L, step L to L side, cross R behind L, step L to L side
5-6-7&8 Cross rock onto R, recover onto L, step R to R Side, step L next to R, step R to R side (3:00)

Section 4: Weave R, Cross Rock, Recover, L Chasse

1-2-3-4 Cross L over R, step R to R side, cross L behind R, step R to R side
5-6-7&8 Cross rock onto L, recover onto R, step L to L Side, step R next to L, step L to L side (3:00)

Section 5: Heel Grind ¼ R, R Coaster Step, Forward, Pivot ¼ R, Cross Shuffle

1-2 Touch Heel R over L & Grind R heel, Make a ¼ R step back on L.
3&4 Step back on R, Step L next to R, forward on R (6:00)
5-6-7&8 Step forward on L, pivot 1/4 R, cross L over R, step R to R side, cross L over R (9:00)

Section 6: ¼ L, ¼ L, Cross Shuffle, Side Rock, Recover, Behind Side Cross

1-2 Make a ¼ L step back on R, make ¼ L step L to L side (3:00)
3&4 Cross R over L, step L to L side, cross R over L
5-6-7&8 Side Rock onto L, Recover onto R, Cross L behind R, step R to R side, cross L over R (3:00)

Section 7: Vine R, Touch, [Toe forward, Step Together (with Hip Bump)] x 2

1-2-3-4 Step R to R side, cross L behind R, step R to R side, touch L beside R
5-6-7-8 Touch L toe forward, step L next to R, touch R toe forward, step R next to L (count 5,7 with hip bump)

Section 8: Vine R, Touch, [Toe forward, Step Together (with Hip Bump)] x 2

1-2-3-4 Step L to L side, cross R behind L, step L to L side, touch R beside L
5-6-7-8 Touch R toe forward, step R next to L, touch L toe forward, step L next to R (count 5,7 with hip bump)

Bridge: Wall 2 after 32 count *Bridge (4 count) 6:00; continue Sec 5 - 8

1-2-3-4 Cross Rock on R, recover onto L, side rock on R, recover onto L

Ending: Rock, Recover, ½ R Shuffle (Finish @ Front Wall 12:00)

1-2, 3&4 Rock Fwd on R, recover onto L, make a $\frac{1}{4}$ R step R to R side, step L next to R, make a $\frac{1}{4}$ R step forward on R

Enjoy with Smiles
