

You're My Religion

COPPER KNOB
BY STEPHEN

拍數: 32
牆數: 2
編舞者: Niels Poulsen (DK) - August 2024
音樂: Believer - Guy Sebastian

級數: High Intermediate



Intro: 8 counts from beginning of track. App. 8 secs. into track. Start with weight on L foot
***1 EASY tag: After walls 2, 4 and 6. Each time facing 12:00. Tag described at bottom of step sheet**
NOTE: If you add the turny option on wall 5 the dance will become low advanced...

[1 – 9] R back rock, full turn L sweep, weave sweep, behind ¼ R, full spiral R, R fwd, step ½ R

- 1 – 2 Rock back on R (1), recover on L (2) 12:00
a3 Turn ½ L stepping back on R (a), turn another ½ L stepping L fwd and sweeping R fwd (3) 12:00
4a5 Cross R over L (4), step L to L side (a), cross R behind L sweeping L to L side (5) 12:00
6a7 Cross L behind R (6), turn ¼ R stepping R fwd (a), step L fwd spiralling a full turn R on L (7) 3:00
8a1 Step R fwd (8), step L fwd (a), turn ½ R onto R sweeping L fwd (1) 9:00

[10 – 16] Cross side, L back rock, side L, R back rock with L hook, run around 5/8 L, cross side

- 2a Cross L over R (2), step R to R side (a) 9:00
3 – 4 Turn 1/8 L rocking L diagonally back (3), recover on R (4) 7:30
a5 Square up to 9:00 stepping L to L side (a), turn 1/8 R rocking R diagonally back and hooking L leg over R shin (5) 10:30
6a7 Turn 1/8 L stepping L fwd (6), turn ¼ L stepping R fwd (a), turn ¼ L stepping L fwd hitching R knee at the same time (7) ... Note: make the 5/8 turn smooth and circular 3:00
8a Cross R over L (8), step L to L side (a) 3:00

[17 – 24] R cross rock, ¼ R, full spiral R, R fwd sweep L, vaude kicks L&R ... (or cross side tog.)

- 1 – 2 Cross rock R over L (1), recover on L (2) 3:00
a3 – 4 Turn ¼ R stepping R fwd (3), step L fwd spiralling a full turn R (4), step R fwd sweeping L fwd (4) 6:00
5a6a Cross L over R (5), step R to R side (a), turn body 1/8 L doing a low L kick/point to L diagonal (6), step L down (a) 4:30
7a8a Cross R over L (7), square up to 6:00 stepping L to L side (a), turn body 1/8 R doing a low R kick/point to R diagonal (8), step down on R (a) ...

NOTE: step change for counts 5-8a on walls 2, 4, and 6. See 'Change' at the bottom of the page for details 7:30

[25 – 32] L diagonal rock, side L, R diagonal rock, side R, walk LR, ball rock R fwd, full turn R

- 1 – 2a Rock L into R diagonal (1), recover on R (2), square up to 6:00 stepping L to L side (a) 6:00
3 – 4a Turn 1/8 L rocking R into L diagonal (3), recover on L (4), square up to 6:00 stepping R to R side (a) 6:00
5 – 6a Walk L fwd (5), walk R fwd (6), quickly step L fwd (a) 6:00
7a8a Rock R fwd (7), recover on L (a), Turn ½ R stepping R fwd (8), turn ½ R stepping L back (a) 6:00

Option Turny option at the end of wall 5: do 2 full turns rather than 1 full turn...

- 7&a Rock R fwd (7), recover on L (&), turn ½ R stepping R fwd (a),
8&a turn ½ R stepping L back (8), turn ½ R stepping R fwd (&), turn ½ R stepping L back (a) 6:00

Start again

Tag Tag comes 3 times, after walls 2, 4 and 6. Each time facing 12:00

[1 – 4] R back rock, ½ L, L back rock, ½ R

- 1 – 2a Rock back on R (1), recover on L (2), turn ½ L stepping back on R (a) 6:00

3 – 4a Rock back on L (3), recover on R (4), turn ½ R stepping back on L (a) 12:00

Change Step and count change from counts 21-24, on walls 2, 4 and 6. Each time facing 12:00

[21 – 24] Cross side together X 2 (with praying hands)

5a6 Cross L over R (5), step R to R side (a), turn body 1/8 L stepping L next to R (6) ...

Styling: put hands together in front of chest in a praying position (Lyrics: Like a preacher) 10:30

7a8 Cross R over L (7), square up to 12:00 stepping L to L side (a), turn body 1/8 R stepping R next to L (8) ...

Styling: put hands together in front of chest in a praying position (Lyrics: Like a preacher) 1:30

Ending Finish the tag the 3rd time. Do the first 4 counts of the dance and step L slowly to L side 12:00
