

One For Sorrow Remix

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: W.L.D. (KOR) - August 2024
音樂: One for Sorrow (Tony Moran's Remix) - Steps



Restart * 4

Restart happens during walls 3, 6, 9, 13

Dance up to 16 count, then restart

Section 1 - R diag. fwd lock step, touch, L diag. fwd lock step, brush

1 2 3 4 step R fwd to R diag., lock L behind R, step R fwd to R diag., L touch next to R
5 6 7 8 step L fwd to L diag., lock R behind L, step L fwd to L diag., R brush

Section 2 - R cross rock, recover, 1/4 R shuffle fwd, L fwd, 1/4 R pivot, L cross shuffle

1 2 rock R cross over L, recover on L
3&4 turn 1/4 R stepping R fwd, step L next to R, step R fwd (3:00)
5 6 step L fwd, turn 1/4 R stepping R down (6:00)
7&8 cross L over R, step R next to L, cross L over R

Section 3 - R side, touch, L kick ball cross, L side, touch, R kick ball cross

1 2 step R side, touch L next to R
3&4 kick L to L diag., step L together, cross R over L
5 6 step L side, touch R next to L
7&8 kick R to R diag., step R together, cross L over R

Section 4 - R fwd, 1/4 L pivot, R fwd, 1/4 L pivot, 1/4 R jazzbox cross

1 2 step R fwd, turn 1/4 L stepping down (3:00)
3 4 step R fwd, turn 1/4 L stepping down (12:00)
5 6 cross R over L, 1/4 R stepping L back (3:00)
7 8 step R side, cross L over R

Last Update: 28 Aug 2024