

Pony

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Wandy Hidayat (INA) & Hotma Tiarma Purba (INA) - August 2024
音樂: Pony (פוני) - Maya Dadon & JETFIRE



NO TAG AND RESTART

INTRO: 16 COUNTS

I. BACK, HIP, BACK HIP

1-4 Step R back, roll hip unclockwise
5-8 Step L back, roll hip clockwise

II. SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE, CROSS

1-2 Rock R to side, recover on L
3&4 Cross R behind L, step L to side, cross R over L
5-6 Rock L to side, recover on R
7&8 Cross L behind R, step R to side, cross L over R

MAIN DANCE

I. CROSS, SIDE, CROSS SHUFFLE, CROSS, HOLD

1-2 Cross R over L, step L to side
3&4 Cross R over L, step L to side, cross R over L
5-6 Cross L over R, hold
7&8 Up and down shoulders

II. WALK R-L, SHUFFLE, ROCK FORWARD, ¼ L SLIDE, DRAG

1-2 Step R forward, step L forward
3&4 Step R forward, close L together, step R forward
5-6 Rock L forward, recover on R
7-8 ¼ Turn left big step L to side, drag R toward L (9.00)

III. FORWARD, PONY BACK, SIDE-TOUCH, SIDE-TOUCH

1-2 Step R forward, recover on L
3&4 Step R back while hitch L, step down L, step R in place
5-6 Step L to side while wave body, close R together
7-8 Step L to side while wave body, touch R together

IV. FORWARD, KICK, COASTER STEP, FORWARD, ½ L FLICK, WALK R-L

1-2 Step R forward, kick L
3&4 Step L back, close R together, step L forward
5-6 Step R forward, ½ turn left L in place while flick R (3.00)
7-8 Step R forward, step L forward

Enjoy the dance!

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