

Sakit Berulang Kali

拍數: 32 牆數: 2 級數: Advanced
編舞者: Asbare Bare (INA) & Gadistia (INA) - August 2024
音樂: Sakit Berulang Kali - Vicky Salamor



Restart : on wall 5 after count 28

S.1 NIGHT CLUB, 1/4 TURN R BACK HOOK, 1/2 TURN R FORWARD, 1/4 TURN R CROSS, SCISSOR, VINE

1-2& Step RF to right side, Step LF slightly behind RF, Cross RF over LF
3-4 1/4 Turn R Step back on LF and bend R knee over LF, 1/2 turn R Step RF forward (09.00)
5-6& 1/4 turn R Cross LF over RF, Step RF to right side, Step LF next to RF (12.00)
7&8& Cross RF over LF, Step LF to left side, Cross RF behind LF, Step LF to left side

S.2 1/2 TURN LF SIDE, SWAY, CROSS, SIDE, TOGETHER, CROSS, 1/4 TURN L ROCK BACK, 1/2 TURN R ROCK BACK

1-2 1/2 Turn L Step RF to right side and sway R hip, Sway L hip (06.00)
3&4& Cross RF over LF, Step LF to left side, Step RF next to LF, Cross LF over RF
5-6& 1/4 Turn L Step back on RF and sweep LF from front to back, Rock back on LF, Recover Rf (03.00)
7-8& Turn 1/2 L Step back on LF and sweep RF from front to back, Rock back on RF, Recover on Lf (09.00)

S.3 FORWARD, ARABESQUE, BACK 3X, 1/4 TURN R, BEHIND, 1/4 TURN L FORWARD, SPIRAL TURN, FORWARD, 1/4 TURN L FORWARD, FULL TURN

1-2& Step RF fwd while lifting LF back straight, Step back on LF, RF
3-4& Step back on LF and sweep RF from front to back, 1/4 turn R Step RF behind Lf, 1/4 turn L Step LF forward (09.00)
5-6 Cross RF over LF and make full turn L (weight on R), StepLf forward (09.00)
7-8& 1/4 turn L Step RF forward, 1/2 turn R Step back on LF, 1/2 turn R Step RF forward (06.00)

S.4 1/4 TURN L NIGHT CLUB, 1/4 TURN R BACK, BACK 3X, HOLD, LEAN BACK, FORWARD, FULL TURN, FORWARD

1-2& 1/4 Turn L Step LF to left side, Step RF slightly behind LF, Cross LF over RF (09.00)
3-4& 1/4 Turn L Step back on RF, Step back on LF, RF (06.00)
5-6 Step back on LF, Hold while Leaning back
7&8& Step RF forward, Turn 1/2 R Step back on LF, 1/2 turn R Step RF forward, Step LF forward (06.00)

Last Update – 28 Aug. 2024 – R1