

Rose Tinted

拍數: 48 牆數: 2 級數: Improver
編舞者: Elisabeth HS (INA) - August 2024
音樂: Rose Tinted - The Overtones



Tag: after wall 5, 8 counts

Section 1: WALK, WALK, SHUFFLE FORWARD, PIVOT 1/2 R, 1/2 TURN RIGHT SHUFFLE BACK ON LF, RF, LF

1 - 2 step forward rf, lf
3&4 shuffle rf, lf, rf
5 - 6 step lf forward, turn 1/2 to right weight on rf
7&8 turn 1/2 to right and shuffle back on lf, rf, lf (12 o'clock)

Section 2 STEP RIGHT, HOLD, STEP RIGHT, TOUCH, STEP LEFT, BACK RECOVER, STEP RIGHT, BACK RECOVER

1 - 2 rf to right, hold
&3-4 lf next to rf, rf to right, touch lf next to rf
5&6 lf to left, rock rf behind lf, recover on lf
7&8 rf to right, rock lf behind rf, recover on rf

Section 3 1/4 TURN LEFT, 1/2 TURN LEFT, COUSTER STEP, ROCKING CHAIR

1 - 2 lf turn 1/4 to left, 1/2 turn left step back on rf
3&4 step lf back, rf next to lf, step forward lf
5 - 6 rock rf forward, recover on lf
7 - 8 rock rf backward, recover on lf (3 o'clock)

Section 4 LOCK STEP DIAGONAL RIGHT & CHA2 LOCK , LOCK STEP DIAGONAL LEFT AND CHA CHA LOCK

1 - 2 rf diagonal right, lf behind rf
3&4 step rf diagonal, lf behind rf, step rf diagonal
5 - 6 lf diagonal left, rf behind lf
7&8 step lf diagonal, rf behind lf, step lf diagonal

Section 5 MAKE 4 TIMES PADDLE INTO 3/4 TURN LEFT (6 o'clock)

1 - 2 rf forward , 1/4 turn left weight on lf (12 o'clock)
3 - 4 rf forward,, 1/4 turn left, weight on lf (9 o'clock)
5 - 6 rf forward, 1/8 turn left, weight on lf (7.30 o'clock)
7 - 8 rf forward, 1/8 turn left, weight on lf (6 o'clock)

Section 6 CROSS SAMBAS, CROSS, BACK, SIT BACK/ KNEE POP, RECOVER

1&2 rf cross over lf, lf to left, recover on rf
3&4. lf cross over rf, rf to right, recover on lf
5 - 6 rf cross over lf, lf step back
7 - 8 sit back on rf make knee pop on lf, recover on lf

Tag 8 count after wall 5

1 - 2 step forward rf, lf
3&4 shuffle on lf, rf, lf
5 - 6 rock lf forward, recover on rf
7&8 back lf, step rf next to lf, step lf forward

Last Update: 27 Aug 2024

