

PAULA & SHANIA Still The One I Love

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Improver
編舞者: Budi Satrio (INA) & Ria Lolong (INA) - August 2024
音樂: You're Still the One - Paula Fernandes & Shania Twain



Music Intro 8 counts

☆ NO TAGS, 3 RESTARTS

S1. SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, ¼ TURN R, FWD, FULL TURN L

1-2 Rock RF to R side (1), Recover onto LF (2)
3&4 Step RF behind LF (3), Step LF to L side (&), Cross RF over LF (4)
5-6 Rock LF to L side (5), ¼ Turn R move body weight to RF (6) 3:00
7&8 Step LF Fwd (7), ½ Turn L Step RF Back (&) 9:00, ½ Turn L Step LF Fwd (8) 3:00

S2. SYNCOPATED RHUMBA BOX, ½ PIVOT L, RUN 4X

1&2 Step RF to R side (1), Close LF beside RF (&), Step RF back (2)
3&4 Step LF to L side (3), Close RF beside LF (&), Step LF fwd (4)
5-6 Step RF fwd (5), ½ Turn L move body weight to LF (6) 9:00
7&8& Run fwd R-L-R-L

S3. ¼ DIAMOND, SWAY R-L,

1&2 Cross RF over LF (1), step LF to L turn ¼ right (&) 10:30, Step RF back (2)
3&4 Step left back (3), turn ¼ R step RF to R side (&) 12:00, step LF fwd (4)
5-6 Sway R (5), Sway L (6)
7&8& Cross RF over LF (7), ¼ Turn R step LF back (&) 3:00, ¼ Turn R step RF to R side (8) 6:00,
Step LF fwd (&)

S4. MAMBO FWD, MAMBO BWD, SIDE ROCK-RECOVER-CROSS X2

1&2 Rock RF fwd (1), Recover onto LF (&), Step RF back (2)
3&4 Rock LF back (3), Recover onto RF (&), Step LF fwd (4)
5&6 Rock RF to R side (5), Recover onto LF (&), Cross RF over LF (6)
7&8 Rock LF to L side (7), Recover onto RF (&), Cross LF over RF (8)

☆ RESTART HERE on WALL 2, 4 & 5

S5. STEP TO R SIDE, TOUCH, ¼ TURN L, TOUCH, ¼ TURN L SIDE SHUFFLE, TOUCH, STEP TO L SIDE, TOUCH, ¼ TURN R, TOUCH, ¼ TURN R SIDE SHUFFLE, TOUCH

1&2& Step RF to R side (1), Touch LF beside RF (&), ¼ Turn L step LF to L side (2) 3:00, Touch
RF beside LF (&)
3&4& ¼ Turn L step RF to R side (3) 12:00, Step LF beside RF (&), Step RF to R side (4), Touch
LF beside RF (&)
5&6& Step LF to L side (5), Touch RF next to LF (&), ¼ Turn R step RF to R side (6) 3:00, Touch
LF beside RF (&)
7&8& ¼ Turn R step LF to L side (7) 6:00, Step RF beside LF (&), Step LF to L side (8), Touch RF
beside LF (&)

End of Dance: On Wall 6 dance to 28 counts, facing 12:00

Enjoy the Dance!

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