

Nosedive

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Tayla Kennedy (AUS) - August 2024
音樂: Nosedive (feat. Lainey Wilson) - Post Malone



#16 Count Intro

Section 1: WALK R, WALK L, ROCK ½ TURN R, ½ SWEEP R, BEHIND, SIDE, CROSS ROCK, SIDE, CROSS

- 1 2 Step forward on R (1), Step forward on L (2),
3 & 4 Rock forward on R (3), Recover weight on left (&), Step forward on R making a ½ turn right (4) 6:00,
5 6 Step back on left making a ½ turn right as you sweep R around from front to back (5) 12:00, Step R behind L (6), Step L to L side (&),
7 & 8 & Cross rock R over L (7), Recover weight on L (&) Step R to R side (8), Cross L over R (&)

Section 2: NIGHTCLUB BASIC R & L, WALK ¼ R, WALK 1/8 LEFT, CROSS ROCK, SIDE, CROSS

- 1 2 & Step R to R side (1), Rock/step L behind R (2), Recover weight onto R (&)
3 4 & Step L to L side (3), Rock/step R behind L (4), Recover weight onto L (&)
5 6 Step R to R side making ¼ turn R (5) 3:00, Step L to R diagonal making 1/8 turn R (6), 4:30
7 & 8 & Cross rock R over L (7), Recover weight on L (&) Step R to R side making 1/8 turn right (8) 6:00, Cross L over R (&)

Section 3: ¾ HINGE TURN, RUN R L R, ROCK FORWARD, SWEEP R, SWEEP L, BEHIND, SIDE

- 1 & 2 Step R to R side (1), ¾ turn L (keeping weight on R) (&) (9:00), step L forward (2)
3 & 4 Step forward on R (3), Step forward on left (&), Step forward on R (4)
5 & 6 Rock forward on L (5), Recover weight on R (&), Step L back and sweep R around from front to back (6)
7 8 & Step R back and sweep L around from front to back (7), Step L behind R (8), Step R to R side (&),

Section 4: L & R CROSS ROCKS, ¼ TURN R, ½ PIVOT L, FORWARD, COASTER FORWARD, TOGETHER

- 1 2 & Cross rock L over R (1), Recover on R (2), Step L to L side (&),
3 4 & Cross rock R over L (3), Recover on L (4), Step R to R side (&),
5 6 & Step L forward making ¼ turn R (5) 12:00, Step forward on R (6), Pivot ½ over L (weight now on L) (&) (6:00)
7 & 8 & Step forward on R (7), Step L next to R (transferring weight to L) (&), Step R back (8), Step L next to R (transferring weight to L) (&), *TAG

*TAG: After Wall 1 & 3 facing 6:00, add counts 1-8 from below.

Tag: SWAY R L R L, ½ PIVOT L, BALL CHANGE, ½ PIVOT RIGHT, BALL CHANGE

- 1 2 Step R to R Side swaying hips to R side (1), Recover weight to L swaying hips to L side (2),
3 4 Recover weight to R swaying hips to R side (3), Recover weight to L swaying hips to L side (4),
5 6 & Step forward on R (5), Pivot ½ over L (6), Step R next to L transferring weight to R (&),
7 8 Step forward on L (7), Pivot ½ over R (8), Step L next to R transferring weight to L (&),

ENDING: Dance 14 counts of Wall 7, finish the dance facing (12:00) by stepping R to R side making a 1/8 turn R and dragging L next to R making a ½ pencil turn R.

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