

I Love This Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Elvira Gambarelli (IT) - August 2024
音樂: I Love This Life - LOCASH



Restart on wall 4 after 16 counts;
Tag 1 – 16 counts (after wall 7);
Tag 2 – 6 counts (after wall 8)

Start after 16 counts

SECTION 1: RIGHT SIDE ROCK STEP, CHANGE, LEFT SIDE ROCK STOMP, LEFT JAZZ BOX, SCUFF

- 1-2 Side rock to the right, recover on left,
- &3-4 Step right next to left, side rock to the left, recover with right stomp,
- 5-6 Cross left over right, step right back,
- 7-8 Step left to left, stomp right next to left

SECTION 2: DIAGONAL STEP FORWARD, SCUFF, STEP TOUCH, DIAGONAL STEP BACK, TOUCH, STEP TOUCH, BUMPS X4

- &1&2 Step right diagonally forward, touch left next to right, step left back in place, touch right next to left,
- &3&4 Step right diagonally backward, touch left next to right, step left back in place, scuff right next to left,
- 5-6 Whilst touching right foot forward and keeping weight on the left, two bumps with right hip,
- 7-8 Two bumps with left hip

SECTION 3: SAILOR STEP R & L, STEP LOCK, STEP LOCK STEP

- 1&2 Step right behind left, open left to left, open right to right,
- 3&4 Step left behind right, open right to right, open left to left,
- 5-6 Step right forward, lock left behind right,
- 7&8 Step right forward, lock left behind right, step right forward

SECTION 4: ROCK LEFT, TURN STEP, TOUCH, 2 KICK BALL CHANGES

- 1-2 Step left forward, recover on right,
- 3-4 ½ turn left stepping on left foot, touch right besides left,
- 5&6 Kick right, step right next to left, step left next to right,
- 7&8 Kick right, step right next to left, step left next to right.

Restart on wall 4, after 16 counts

TAG 1 – 16 counts (after wall 7)

SECTION 1: DIAGONAL SHUFFLE R & L, HEEL CHANGE R & L, TOUCH BEHIND, ½ TURN RIGHT

- 1&2 Diagonal shuffle right, left, right,
- 3&4 Diagonal shuffle left, right, left,
- 5&6& Touch right heel forward, recover, touch left heel forward, recover,
- 7-8 Touch right toe behind left foot, half turn towards right shifting weight to left.

SECTION 2: DIAGONAL SHUFFLE L & R, HEEL CHANGE L & R, TOUCH BEHIND, ½ TURN LEFT

- 1&2 Diagonal shuffle left, right, left
- 3&4 Diagonal shuffle right, left, right,
- 5&6& Touch left heel forward, recover, touch right heel forward, recover,
- 7-8 Touch left toe behind right foot, half turn towards left shifting weight to right.

TAG 2 – 6 counts (after wall 8)

SECTION 1: DIAGONAL SHUFFLE R & L, DOUBLE TOUCH BACK

1&2 Diagonal shuffle right, left, right,

3&4 Diagonal shuffle left, right, left,

5-6 Right right toe twice behind left foot whilst touching hat with left hand.

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