

# I Love This Life

**COPPERKNOB**  
BY STEPHEN METZ

拍數: 32      牆數: 2      級數: Low Intermediate  
編舞者: Elvira Gambarelli (IT) - August 2024  
音樂: I Love This Life - LOCASH



Restart on wall 4 after 16 counts;  
Tag 1 – 16 counts (after wall 7);  
Tag 2 – 6 counts (after wall 8)

Start after 16 counts

## SECTION 1: RIGHT SIDE ROCK STEP, CHANGE, LEFT SIDE ROCK STOMP, LEFT JAZZ BOX, SCUFF

1-2            Side rock to the right, recover on left,  
&3-4          Step right next to left, side rock to the left, recover with right stomp,  
5-6            Cross left over right, step right back,  
7-8            Step left to left, stomp right next to left

## SECTION 2: DIAGONAL STEP FORWARD, SCUFF, STEP TOUCH, DIAGONAL STEP BACK, TOUCH, STEP TOUCH, BUMPS X4

&1&2          Step right diagonally forward, touch left next to right, step left back in place, touch right next to left,  
&3&4          Step right diagonally backward, touch left next to right, step left back in place, scuff right next to left,  
5-6            Whilst touching right foot forward and keeping weight on the left, two bumps with right hip,  
7-8            Two bumps with left hip

## SECTION 3: SAILOR STEP R & L, STEP LOCK, STEP LOCK STEP

1&2            Step right behind left, open left to left, open right to right,  
3&4            Step left behind right, open right to right, open left to left,  
5-6            Step right forward, lock left behind right,  
7&8            Step right forward, lock left behind right, step right forward

## SECTION 4: ROCK LEFT, TURN STEP, TOUCH, 2 KICK BALL CHANGES

1-2            Step left forward, recover on right,  
3-4            ½ turn left stepping on left foot, touch right besides left,  
5&6            Kick right, step right next to left, step left next to right,  
7&8            Kick right, step right next to left, step left next to right.

Restart on wall 4, after 16 counts

TAG 1 – 16 counts (after wall 7)

## SECTION 1: DIAGONAL SHUFFLE R & L, HEEL CHANGE R & L, TOUCH BEHIND, ½ TURN RIGHT

1&2            Diagonal shuffle right, left, right,  
3&4            Diagonal shuffle left, right, left,  
5&6&          Touch right heel forward, recover, touch left heel forward, recover,  
7-8            Touch right toe behind left foot, half turn towards right shifting weight to left.

## SECTION 2: DIAGONAL SHUFFLE L & R, HEEL CHANGE L & R, TOUCH BEHIND, ½ TURN LEFT

1&2            Diagonal shuffle left, right, left  
3&4            Diagonal shuffle right, left, right,  
5&6&          Touch left heel forward, recover, touch right heel forward, recover,  
7-8            Touch left toe behind right foot, half turn towards left shifting weight to right.

**TAG 2 – 6 counts (after wall 8)**

**SECTION 1: DIAGONAL SHUFFLE R & L, DOUBLE TOUCH BACK**

1&2 Diagonal shuffle right, left, right,

3&4 Diagonal shuffle left, right, left,

5-6 Right right toe twice behind left foot whilst touching hat with left hand.

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**Visit our website [www.wildangels.it](http://www.wildangels.it)**

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