

Rock N Roll Diva

COPPERKNOB
BYEPOSTETS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Suzi Beau (ENG) & Alexis Strong (UK) - August 2024
音樂: Shake What Your Momma Gave Ya - Willow Hill



Intro: 40 counts Approx 18 Secs Start on Lyrics

Section 1 Heel Heel, Coaster Step, Heel Grind ¼ Behind Side Cross

1 2 Tap R Heel forward x2
3&4 Step back on R, Close L to R, Step R forward
5,6 Heel Grind ¼ L, Step back on R
7&8 Step L behind R, Step R to R side, Cross L over R (9:00)

Section 2 Side Rock (Wave both hands to the right) Behind Side Cross, Side Hold, Ball Side touch behind

1,2 Rock R to Right Side, Wave both hands R, Recover L
3&4 Step R behind L, Step L to L Side, Cross R over L
5 ,6 Step L to L side, Hold (holding arms to the side palms facing down)
&7, 8 Step R to L, Step L to L Side, Tap R behind L

Section 3 Rolling Vine R Chasse, Kick ball touch and Kick ball Step,

1 2 Turn ¼ R Stepping forward R, Turn ½ R stepping back L
3&4 Turn ¼ R Stepping R to R side, close L to R, Step R to R side
5&6& Kick L forward, Step down on L, Touch R to L, Step R in place
7&8 Kick L forward, Step down on L, Step forward R

Section 4 Forward Rock ½ Shuffle , Hip Roll 1/8 x2

1 2 Rock forward on L, Recover L
3 &4 Shuffle ½ turn L stepping L,R,L (3:00)
5, 6 Step forward on R, Roll hips anticlockwise as you turn 1/8 L
7, 8 Step forward on R, Roll hips anticlockwise as you turn 1/8 L (12:00)

Restart here Wall 3

Section 5 Cross side behind sweep, behind side cross side

1 2 Cross R over L, Step L to L side
3,4 Cross R behind L, Sweep L from front to back
4,6 Cross L behind R, Step R to Right side
7,8 Cross R over L, Step R to R side

Section 5 Back Rock shuffle ½ R , Out Out , Hip Roll

1 2 Rock back on L, recover R
3&4 Shuffle ½ R stepping L,R, L (6:00)
5,6 Step out R, Step out L (Optional jump out R,L on count &5, Hold count 6)
7,8 Hip roll anticlockwise

Hope you enjoy it and have lots of fun , as much as we did writing it ! Suzi & Alexis xx