

Bonita

COPPERKNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: High Beginner
編舞者: The Pratama (INA) - August 2024
音樂: La Isla Bonita - Madonna



Start dance on vocal

I. WALK FORWARD, FORWARD MAMBO, WALK BACK, COASTER STEP

1-2 Step RF, LF forward
3&4 Rock RF forward, Recover, Close RF next to LF
5-6 Step LF, RF backward
7&8 Step LF back, step RF together, step LF forward

II. SIDE MAMBO (R-L), PADDLE TURN

1&2 Rock RF to right side, recover, Close Rf next to LF
3&4 Rock LF to left side, Recover, Close RF next to RF
5-6 Step RF forward ¼ turn left stepping LF in place
7-8 Step RF forward, ¼ turn left stepping LF in place

(RESTART HERE ON WALL 3 & WALL 6)

III. BOTAFOGO (R-L), JAZZBOX TURN

1&2 Step RF cross over LF, LF to side, RF tap in place
3&4 Step LF cross over RF, RF to side, LF tap in place

(RESTART HERE ON WALL 8)

5-6 Cross RF over LF, ¼ turn right step LF back
7-8 Step RF to side, step LF forward

IV. SAMBA WISHK, FORWARD MAMBO, COASTER STEP

1a2 Big step RF to right side, step ball of LF slightly behind RF, recover weight onto RF
3a4 Big step LF to left side, step ball of RF slightly behind LF, recover weight onto LF
5&6 Rock RF forward, Recover, Close RF next to LF
7&8 Step LF back, step RF together, step LF forward

Happy dancing ☐☐☐

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