

Sue's E-STEP

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Sue Korek (USA) - 24 August 2024
音樂: Susan (Radio Edit) - The Buckingham
或: Wake Up Susan - The Spinners



Alternate Music:
Wake up Susan (The Spinners--1976), bpm=120, Intro: 29 secs

No tags or restarts
Introduction: 16 counts
Begin with weight on left (L) foot

Enjoy the new E-STEP!

SECTION 1 (TWO LOCK STEPS or 4 diagonal zigzag Step Touches)

1-2 Step R forward, lock L behind R
3-4 Step R forward, brush L
5-6 Step L forward, lock R behind L
7-8 Step L forward, touch R

SECTION 2 (INTRODUCING E-STEP--TOP PART)

1-2 Step R to right side, touch L beside R
3-4 Step L to left side, step R beside L
5-6 Step L backward, touch R beside L
7-8 Step R to right side, touch L beside R

SECTION 3 (CONTINUING E-STEP--BOTTOM PART)

1-2 Step L to left side, step R beside L
3-4 Step L backward, touch R beside L
5-6 Step R to right side, touch L beside R
7-8 Step L to left side, touch R beside L

SECTION 4 (TURNING K-STEP WITH CLAPS)

1-2 Step R diagonally forward, touch L beside R
3-4 Step L diagonally backward, touch R beside L
5-6 Step R ¼ turn, touch L beside R
7-8 Step L to the left, touch R beside L

Please consider creating a Teach or Demo video.

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