

High Cotton 2024

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Adeline Cheng (MY) & Molly Yeoh (MY) - August 2024
音樂: High Cotton - Alabama



INTRO(16c) after heavy beat or start on vocal 'WE...'

**** Wall 4 after 12c, restart at 6:00**

SECTION 1 WALK X2, FWD MAMBO, (STEP BACK, HEEL GRIND) 2X, BACK MAMBO, TOUCH

1 2 3&4 Start with left foot! Walk fwd LF, RF, rock fwd LF recover RF, rock back LF
5 6 7&8 Step back RF, LF heel grind, step back LF, heel grind RF, rock back RF recover LF RF touch
 beside LF

SECTION 2 ¼ R TURN, R & L RUMBA BOX

1 2 3&4 ¼ R turn, RF step to R, LF step beside RF, fwd R, LF step beside RF, RF fwd

**** W 4, RESTART HERE (6:00)**

5 6 7&8 LF step to L, RF step beside LF, LF step back, RF step beside LF, LF step back

SECTION 3 TOE HEEL CROSS, ¼ R TURN, TOE HEEL CROSS, ¼ R TURN, SHUFFLE FWD POINT TOUCH POINT

1&2 3&4 RF on toe, on heel, cross over LF, ¼ R turn, LF on toe, on heel, cross over RF
5&6 7&8 ¼ R turn, RF fwd, LF step beside RF, RF fwd, point LF to L, touch LF in, point LF to L

SECTION 4 JAZZ BOX, TOUCH, FWD STEP, BACK TOUCH, STEP BACK, FWD KICK, STEP BACK STEP TOUCH, STEP FWD, CLOSED IN

1 2 3 4 LF cross over RF, RF step back, LF step to L, RF touch to LF
5&6&7&8 Step fwd RF, LF touch behind RF, step back LF, RF kick fwd, RF step back, LF touch to RF
 Step LF fwd, close RF beside LF

Thank you, hope you enjoy this dance!

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